

September 28-October 11 3 Nephi 17-19

"BEHOLD, MY JOY IS FULL"

www.comefollowmekid.com

1. Video – Watch “[Jesus Christ Blesses the Children](#)” (from the church’s website) and discuss how cool that would’ve been to be a child there with Jesus.
2. Jesus Loves Me Heart Activity – Print up the hearts on page 3 below. Give them each their own “Jesus Loves Me” heart and have them draw a picture of themselves with Jesus. While they’re drawing, read/summarize/discuss 3 Nephi 17:7 and 3 Nephi 17:20-25.
 - After reading these verses, you might want to share the following quote from President Ezra Taft Benson: *“I promise you, dear children, that angels will minister unto you also. You may not see them, but they will be there to help you, and you will feel of their presence.”*
 - Watch/Discuss “[My Joy is Full](#)” video (we watched this not too long ago, but it’s so good and I think worth watching again).
 - Take turns holding up the heart and sharing one thing Jesus did to show His love for the Nephites and one thing He has done for us because He loves us.
3. Family Study Fun Activity –
 - Use the pictures on page 5 below to do this week’s “Listen and Lift” Family Study Fun activity from The Ensign (Listen to “[Had I Been a Child](#)” and have family members hold up each picture as they hear it in the song).
4. I Love Jesus Story and Heart Activity – How do we show Jesus that we also love Him? Read and discuss “[Faithful People Followed Jesus Christ](#)” from *The Friend*. Summarize that these people showed Jesus that they loved Him by loving and serving each other. What can we do to show Jesus that we love Him? Give them each an “I Love Jesus” heart from page 4 below. They can glue it onto the back of their “Jesus Loves Me” heart. If you have popsicle sticks, it could be fun to glue the hearts double-sided onto one so you can flip it back and forth. Take turns holding up the side that says “I Love Jesus” and sharing one thing we’ll do to show our love for Him.
 - It could also be a good idea to talk about how we can show our love for Heavenly Father and Jesus when we pray. [This link](#) on the church’s website tells the story of Jesus teaching the Nephites to pray. We probably won’t read the full story, but just point out the pictures that show Jesus praying, and remind them that we should follow His example. You could also point out the baptism pictures in this story and remind them that another way we show our love for Jesus is by being baptized.
5. Friend Activity – Follow the lines in this “[Who Did What?](#)” page. Talk about specific ways we can serve others like Jesus would.
6. Sacrament – Another thing Jesus did while He was with the Nephites was to give them the sacrament (3 Nephi 8:1-12). One way we can show Jesus that we love Him is by being reverent and thinking about Jesus during church and sacrament (even if church and sacrament are at home sometimes).
 - Sing/watch a singing time video for “Reverently, Quietly” such as [this one](#).
 - If time/interest, read/discuss “[The Sacrament and Me](#)” from this month’s Friend magazine. Remind them that Jesus loves us all lots and we’ll be blessed as we remember Him often and try to be like Him. [This booklet](#) from the manual would also be great to make and use during sacrament.
7. Heart Cookies – Follow directions in [this link](#) to make “Double Doozie Heart Shaped” cookies.



Additional Ideas:

Support Articles and Activities from The Ensign: <https://www.churchofjesuschrist.org/study/ensign/2020/10/come-follow-me-book-of-mormon-support-articles-and-activities/3-nephi-17-19?lang=eng>

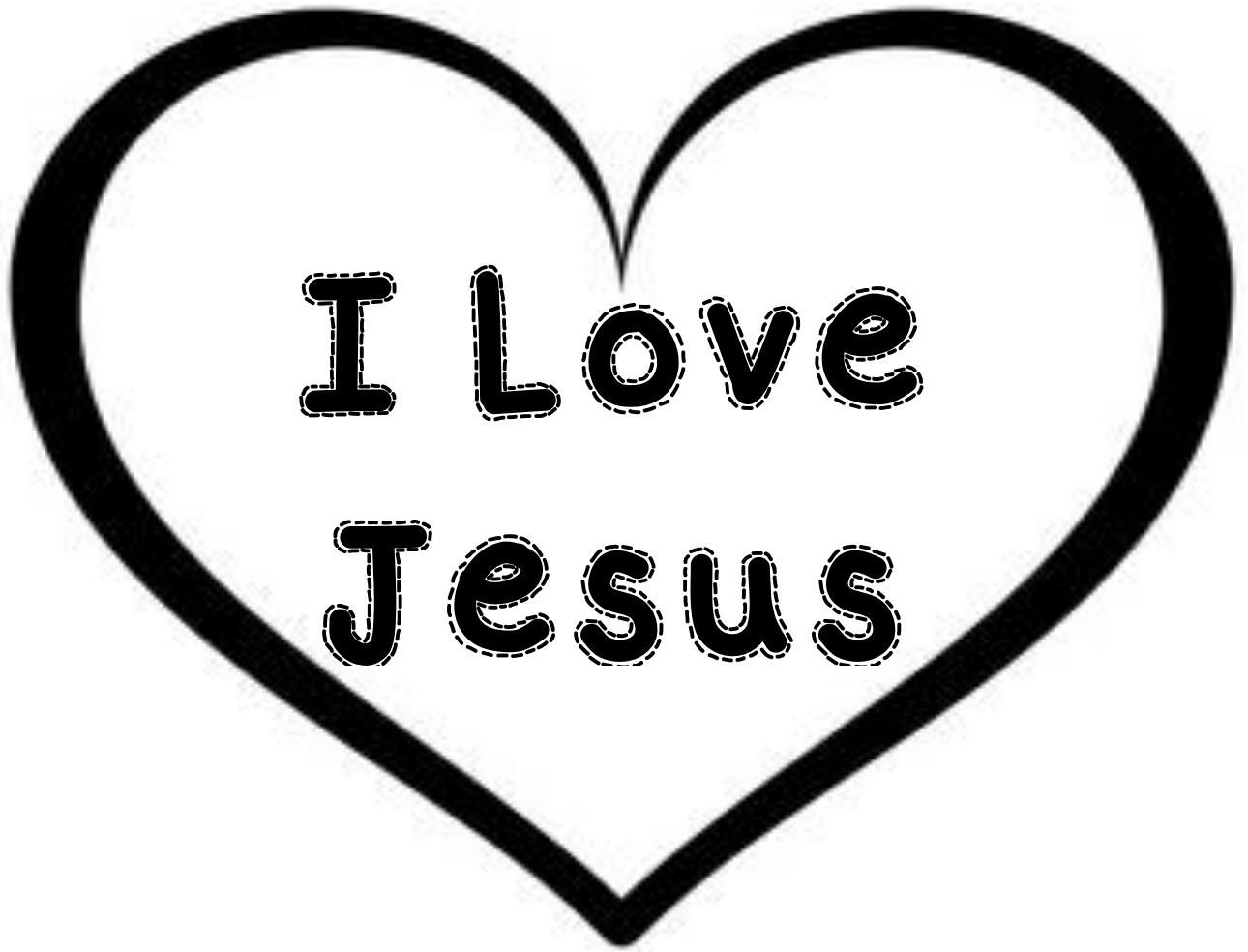
More Great Ideas: <https://www.theredcrystal.org/post/come-follow-me-2020-sept-28-oct-11-3-nephi-17-19-lds-free-primary-lesson-helps>

Jesus Loves Me



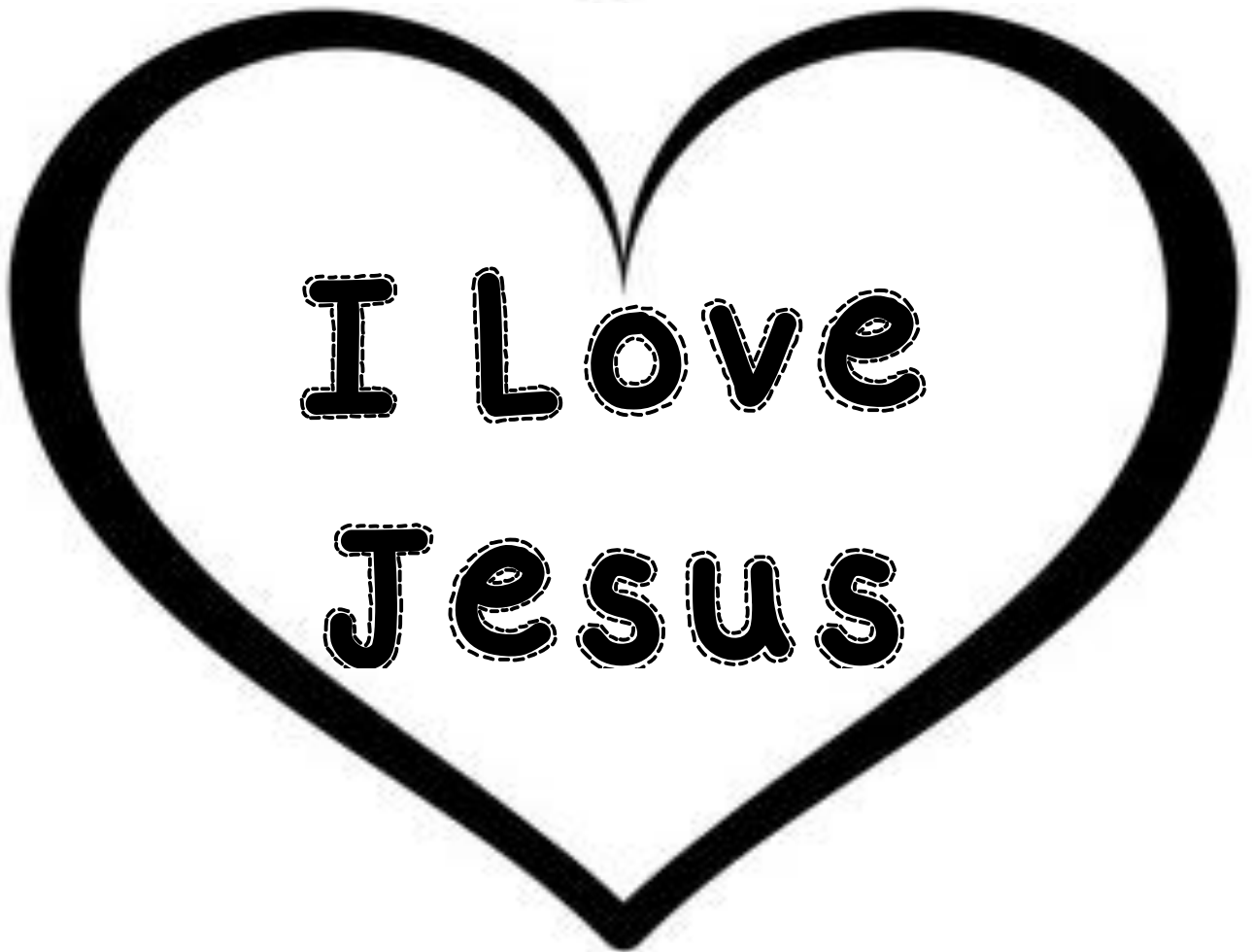
Jesus Loves Me





I Love

Jesus



I Love

Jesus

Family Study Fun

Read 3 Nephi 17:21–25 with your family, which describes the Savior ministering to people after His Resurrection. Talk about what it might have felt like to be there.

Draw or write these body parts on pieces of paper: hands, feet, knees, arms, eyes, and mouth. Pass them out to different family members.

Listen to “Had I Been a Child” from pages 80–81 of the Children’s Songbook

Whenever a body part is mentioned in the song, have the family member holding that paper lift it up for everyone to see.

Discussion: Talk about how Jesus has a resurrected body and how one day we’ll have a resurrected body too. Jesus used His body to serve others. How can we serve others and show them love?

