



May 24-30

"Anxiously Engaged in a Good Cause"

comefollowmekid.com

1. Decision Fingerpainting – Our kids are getting to the stage where they feel like they have to do things the same way their peers do them (even little things, like feeling like they have to choose the same color of popsicle as their best friend), so we are trying to help them see that it's okay to use our agency to do/like different things than others. We can all make our own choices and be respectful of others' choices.
 - Get out some fingerpaints. Give each kid a piece of paper and some fingerpaint. Tell them they can color whatever kind of picture they want to. Give them time to make whatever they're making and then let everyone talk about their pictures.
 - Do everyone's pictures look the same? (No). Is it okay that they're different? (Yes).
 - What kinds of decisions do we make each day? Talk about how some decisions, like what clothes we wear, how we color our pictures, or what color of popsicle we eat don't just have one right answer. Other decisions, like whether or not we decide to follow the word of wisdom (don't drink alcohol, smoke, etc.) are more clear-cut as far as what will make us happier. Choosing an orange popsicle might make us just as happy as choosing a blue popsicle. But choosing to follow God's commandments will always make us happier than choosing to disobey. Help them differentiate between the different types of decisions.
 - *You could do this with just about any other type of item: crayons if you want to simplify, play-dough, a mix of things like colored paper and googly eyes, etc., or even just have a bowl of treats for them to choose from. I just think fingerpainting sounds fun. 😊*
2. Scripture Hop – Follow instructions on page 3 below for a scripture hop for D&C 58:27. Talk about what it means to be "anxiously engaged" as we do good things. What are some good causes we could choose to be anxiously engaged in (some good things we could choose to do)?
3. CTR Superpower Headbands Power Game – Even though there might be hard things in life, we can "bring to pass much righteousness; for the power is in [us]" (D&C 58:27-28). Review how we have light inside of us from Heavenly Father and Jesus. Explain that this light helps give us POWER to do good things. Have everyone make a CTR Superpower headband to wear (on page 4 below). Once they're wearing them, get them excited and tell them that this will give them power to make good choices! Have them stand in a superhero pose. Ask questions about choices they could make in certain situations and have them answer them in ways that show they have "CTR Power!" Some possible situations that could be used for this are on page 5 below. Remind them that Christ is the one who helps us and gives us power to make good choices and do good things.
4. Song – Sing "[Choose the Right](#)." While listening to the music, color pictures on the headbands of good things we want to do throughout this week.
 - If you want a singing time type of thing for this, [here](#) is one that teaches sign language.

5. The Sabbath Day – One really good choice we can make is to keep the Sabbath Day holy. Review what this means and read/summarize/discuss “[Sabbath Day Observance](#)” from The Strength of Youth. If time/interest, the manual also has a fun idea of making your own matching game with cards that depict things we can do to make the Sabbath day holy and joyful. [This website](#) also has some cute Sabbath day stuff.

6. Animal Dice Activity – D&C 58:26 says that we should try to take the initiative to do good things on our own. If we wait to do good things because someone else makes us do them, we’re like a “slothful” servant. What does it mean to be slothful? Are sloths slow or fast?
 - Show short videoclip of a sloth, such as [this one](#).
 - Take turns stating good things we might do. Have some fun practicing doing them with different attitudes by rolling the animal die on page 6 below and showing what it would look like to do those good things like the animal that is rolled on the die (washing the dishes like a happy monkey, helping someone who’s hurt like a speedy cheetah, etc.).
 - Talk about ways we can choose to do good without being “slothful.”
 - *You can also just choose/assign an animal for each good thing they act out if you don’t want to print up the die.* 😊

7. Treat – Read/discuss/summarize D&C 59:23. Make a favorite treat that can be shared with others. Or have animal crackers. 😊

Additional Ideas:

More Great Free Ideas at www.theredcrystal.org

SCRIPTURE Hop

(D&C 58:27)

Cut apart the following strips and spread them out far enough in a room so that the kids will need to hop from one strip to another. Make sure to keep them in the correct order. Have them stand by the first one and help them say the top line out loud. Explain what it means. Then have them jump to the next one and do the same thing until they've jumped on each of them, said them out loud, and discussed them one at a time. Then have them start back at the beginning and practice saying the phrases from this verse in order while hopping from strip to strip again. Try going a little faster each time. Repeat as many times as wanted/needed. These can also be used as flash cards, taped onto the wall to practice throughout the week, etc.



MEN should be



ANXIOUSLY Engaged



In a good cause,



And do many Things

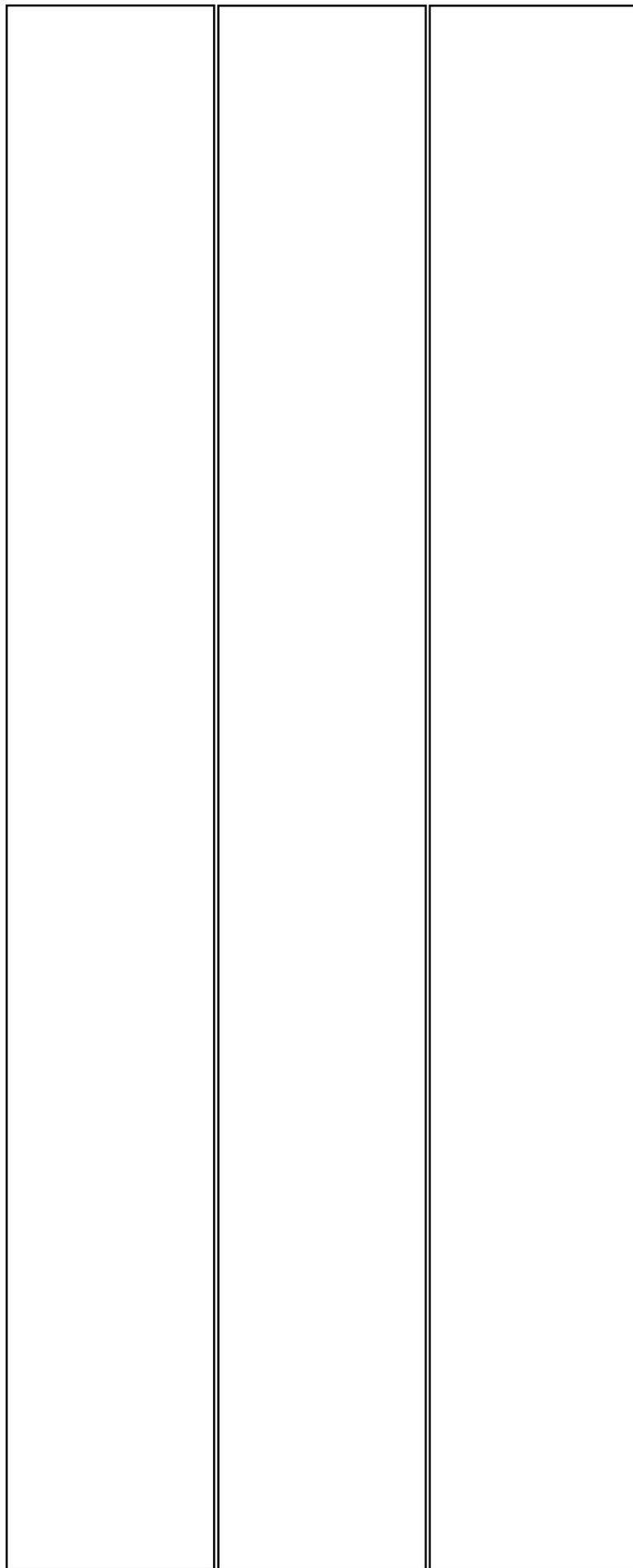


Of THEIR own FREE Will.

Note: The whole verse says, "Verily I say, man should be anxiously engaged in a good cause, and do many things of their own free will, and bring to pass much righteousness."

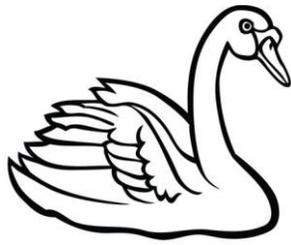
CTR SUPERPOWER HEADBAND

- Cut apart the strips.
- Connect them and measure to fit around the head.
- Glue CTR shield onto the bands.
- Practice responding to situations with "CTR POWER!" while wearing the headband.



Situations that could be used for CTR Headband Activity:

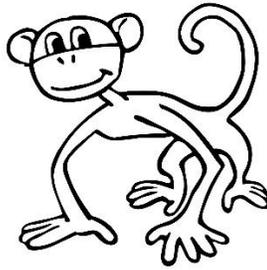
- *Mom and Dad asked you to clean up your toys so the family can begin scripture study. Show what you can do!
- *You have a big bag of candy. Your friends look like they would really like some. Show what you can do!
- *You're really tired, but you haven't said your prayers yet. Show what you can do!
- *Your friends are teasing the new girl at school. Show what you can do!
- *Your primary teacher is teaching your class, but your friend has a hilarious toy. Show what you can do!
- *Some of your friends are using bad words and making you feel uncomfortable. Show what you can do!
- *Your sister took one of your dolls and you are feeling very mad. Show what you can do!
- *Your friend gave you a treat, but your sister didn't get one and is feeling left out. Show what you can do!
- *Mom/Dad had a long day at work and is feeling tired. Show what you can do!
- *Your friend is sad because he just found out he has to move to a new home soon. Show what you can do!
- *Your birthday is over and you got a lot of great gifts. Now Mom would like you to write thank you notes, but it seems like a lot of work. Show what you can do!
- *Dad wants to mow the lawn, but he needs help picking toys up in the yard. Show what you can do!
- *You're supposed to clean your room, but it would be so easy just to shove your toys and dirty clothes under your bed. Show what you can do!
- *A neighbor is having a hard time carrying their groceries into their house. Show what you can do!



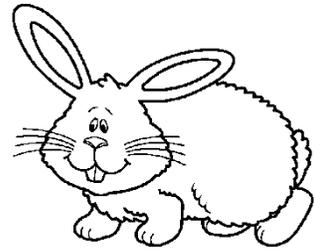
GRACEFUL SWAN



FAST-FLYING FALCON



HAPPY MONKEY



BOUNCY BUNNY



SLOW SLOTH



SPEEDY CHEETAH

Tours:

Some missionaries at the Mormon Battalion Site are offering free virtual tours and are wanting to get the word out about them. We did it, and even our young kids loved it! If you'd like to sign up, here is the link: <https://calendly.com/mormonbattalionhs>



After we did this tour, we received an email with links to many other virtual tours that seem like they would be great! Here are those additional links for anyone else who might be interested:

- Live virtual tours of New York and Pennsylvania church history sites (Sacred Grove, Priesthood Restoration site, Peter Whitmer farm, Book of Mormon publication site, etc.) [Schedule Appointment with New York & Pennsylvania Historic Sites \(as.me\)](https://www.as.me/schedule-appointment-with-new-york-pennsylvania-historic-sites)
- Historic Nauvoo Virtual Tours: <https://www.nauvoohistoricsites.org/live/>
- Joseph Smith Birthplace Virtual Tour: <https://calendly.com/josephsmithbirthplace>
- Kirtland Area Historic Sites: <https://go.oncehub.com/historickirtlandtours>
- Independence Virtual Tour
<https://calendly.com/missouriareahistoricsites/independence?month=2021-03>
- Liberty Jail Virtual Tour: <https://calendly.com/missouri/libertyjail?month=2021-03>
- Mormon Trail Center at Winter Quarters: <https://calendly.com/trailcenterschedule>
- St. George Area Historic Sites: <https://calendly.com/sghstabernacle/virtual-tour?month=2021-03>
- Mormon Battalion Site: <https://calendly.com/mormonbattalionhs>