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June 7-13

"That Which Cometh From Above Is Sacred"

1. Mystery Drawing – Our kids LOVED doing the drawing of the kid praying in the Friend to Friend broadcast, so we thought it would be fun to incorporate a mystery drawing into this lesson. Have the kids get a paper/pencil and follow directions in [this YouTube video](#) to figure out what the mystery picture is. This drawing isn't religion-based but is a fun way to lead into a discussion on mysteries.
 - Did we know what the picture would be when we first started drawing it? (No, it was a mystery at first!)
 - Mysteries are things we don't know a lot about.
 - D&C 63:23 says that if we keep the commandments, God will give us the mysteries of His kingdom. This means that He will help us understand things that are important.
 - Just like our drawings became more beautiful as we continued with them, God helps the gospel become more beautiful to us as we study it and follow Him.
2. Forehead Mystery Game – What are some "mysteries" God can teach us more about? What are some things we've learned from the gospel? (Jesus loves us, how we can become more like Jesus, what happens to us after we die, etc.). Follow directions on page 4 below for a forehead mystery game as a fun way to discuss topics we can learn more about. (images are from the church website)
3. Scripture Hop – Follow instructions on page 3 below for a scripture hop for D&C 63:64. Discuss what it means.
4. I Should Treat Sacred Things With Reverence – Have each kid get something that is special to them, such as a favorite toy or book. Show how they take care of it and protect it. Ask what things are special (or sacred) to Heavenly Father. How should we speak of these things? How should we treat them?
 - Challenge: Get the pictures that were used for the Mystery Forehead activity. Place them all on a small pillow and tell them we're going to do a challenge! We're going to see if we can treat the pictures of these topics so carefully that they all stay on the pillow while we pass them around. Sit in a circle and listen to/sing "[Reverence is Love](#)" while passing the pillow with pictures around gently and carefully.
 - Story: Show picture of the healing of Elsa Johnson's shoulder on page 5 below. Explain that Joseph Smith used the priesthood to heal her arm, which she hadn't been able to fully use for two years. If you saw this miracle happen, would this give you faith? Talk about how miracles are powerful, but the best way to get our faith the strongest is when it comes from feelings inside of us that the Holy Ghost gives us. It's easiest to feel these feelings when we're reverent.
 - Speaking with Care: Spread the pictures out on the floor/table so they can all be seen. Listen to "[Reverence is Love](#)" again. Encourage the kids to look at these pictures reverently and really think about their importance to us while the music is playing. When the song is done, have everyone take turns choosing one picture that they feel is important. Take turns explaining to everyone why this picture is important and practice speaking about it with care. Fold arms reverently while listening.
 - Picture of Christ: Place the pictures around a picture of Christ. Testify that when we're reverent, the Holy Ghost can help us feel closer to Heavenly Father and Jesus while we learn about their gospel.

These next two topics might be good to study on their own separate days:

5. The Names of Heavenly Father and Jesus Christ – The manual says, “The children you teach may hear others using the name of God in irreverent and profane ways. How can you help them understand that the names of Heavenly Father and Jesus Christ “must be spoken with care”? (Doctrine and Covenants 63:64).”
 - How can I speak the name of Jesus with care? D&C 63:62 talks about how we use the name of the Lord. What are some good ways to “use the name of the Lord”?
 - Read/discuss/summarize this “Language” passage from *For the Strength of the Youth* in as much detail as you feel like your kids need.
 - Our kids have been hearing others use the name of God in irreverent ways more often recently, so we will also spend some time talking about ways we can handle those situations.

6. My Body – How can I speak about and treat my body with care? Follow instructions on pages 6-7 for the “My Sacred Body” booklet. We’ve done this in the past, but I think it’s important to review. Be prepared to discuss these concepts in ways that you think are helpful to your family. Details in this booklet are from this article in *The Ensign*.
 - “Amelia’s Growing Body” from The Friend would also be great to go along with this.
 - “Tea or Mango Juice” is also another good Friend story about things we drink/eat.

7. Candy Bar Surprise Cookies – Follow instructions at this website to make cookies with “mystery” candy bars inside of them while reviewing D&C 63:23.

Additional Ideas:

More Great Free Ideas at www.theredcrystal.org
“Reverent in Primary” story from The Friend

SCRIPTURE Hop

(D&C 63:64)

Cut apart the following strips and spread them out far enough in a room so that the kids will need to hop from one strip to another. Make sure to keep them in the correct order. Have them stand by the first one and help them say the top line out loud. Explain what it means. Then have them jump to the next one and do the same thing until they've jumped on each of them, said them out loud, and discussed them one at a time. Then have them start back at the beginning and practice saying the phrases from this verse in order while hopping from strip to strip again. Try going a little faster each time. Repeat as many times as wanted/needed. These can also be used as flash cards, taped onto the wall to practice throughout the week, etc.



ThaT whiCh



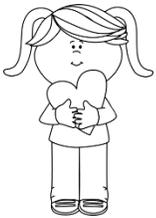
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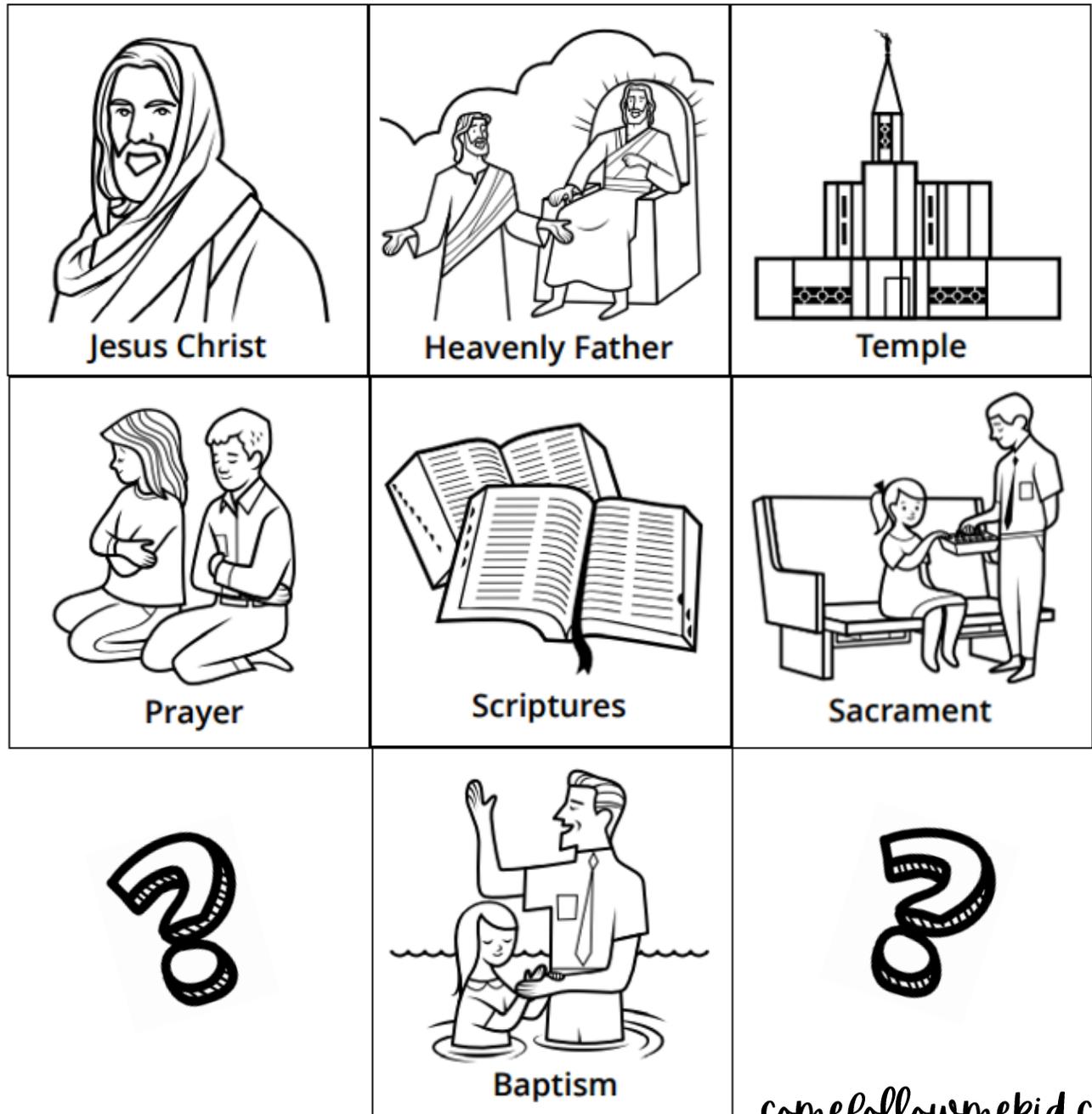
With cARE.

Note: The whole verse says, "Remember that that which cometh from above is sacred, and must be spoken with care, and by constraint of the Spirit; and in this there is no condemnation, and ye receive the Spirit through prayer; wherefore, without this there remaineth condemnation."

Mystery Forehead Game

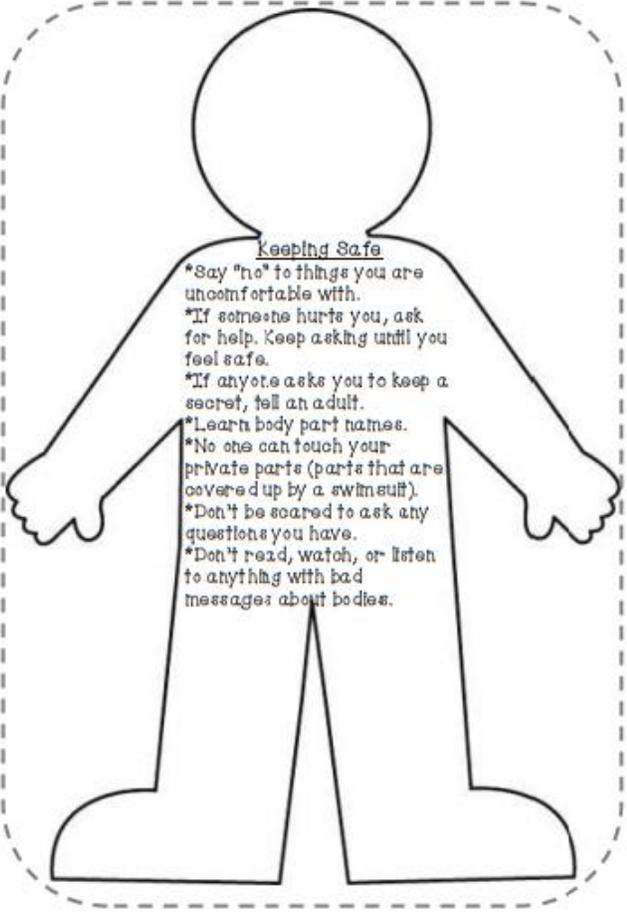
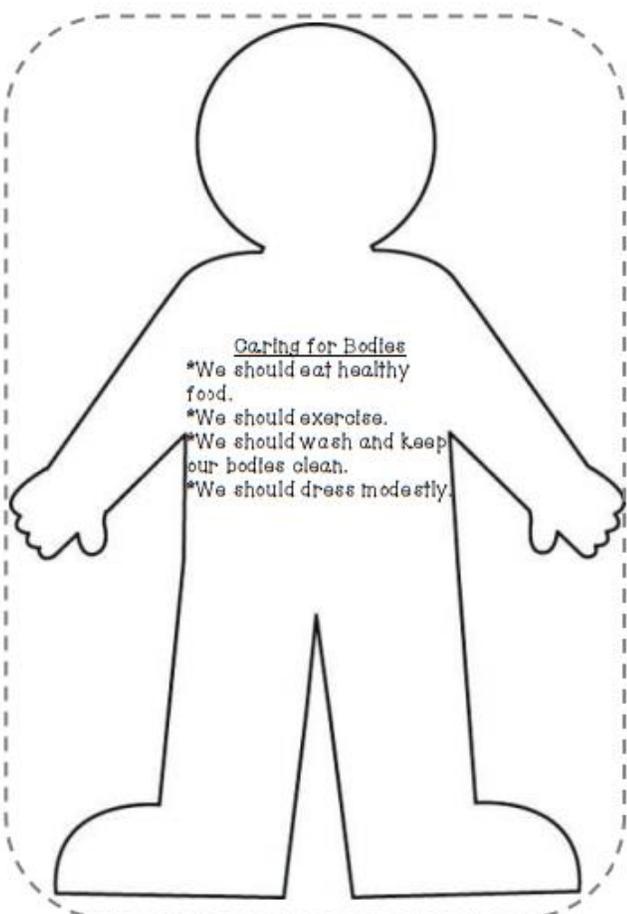
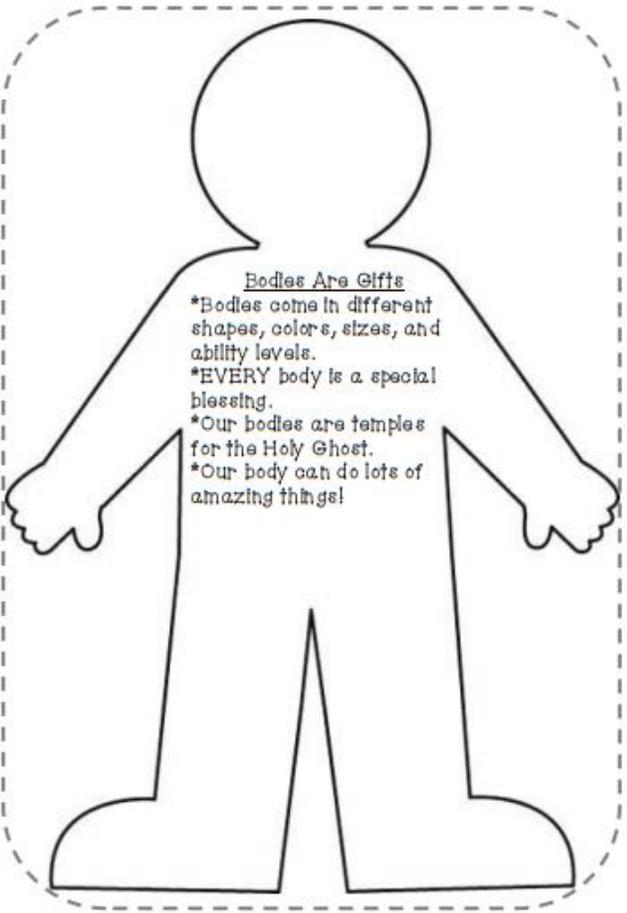
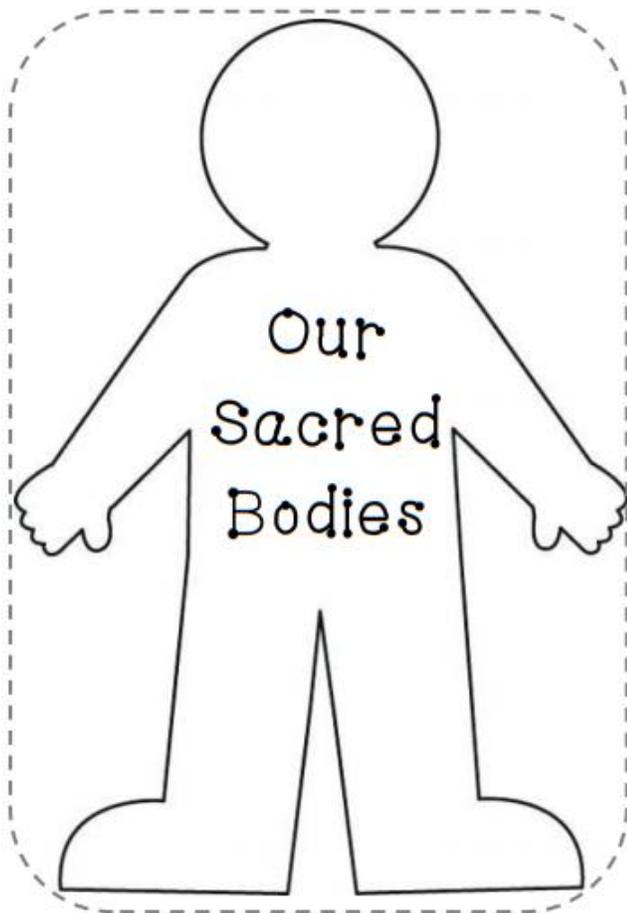
"But unto him that keepeth my commandments I will give the mysteries of my kingdom." (D&C 63:23)

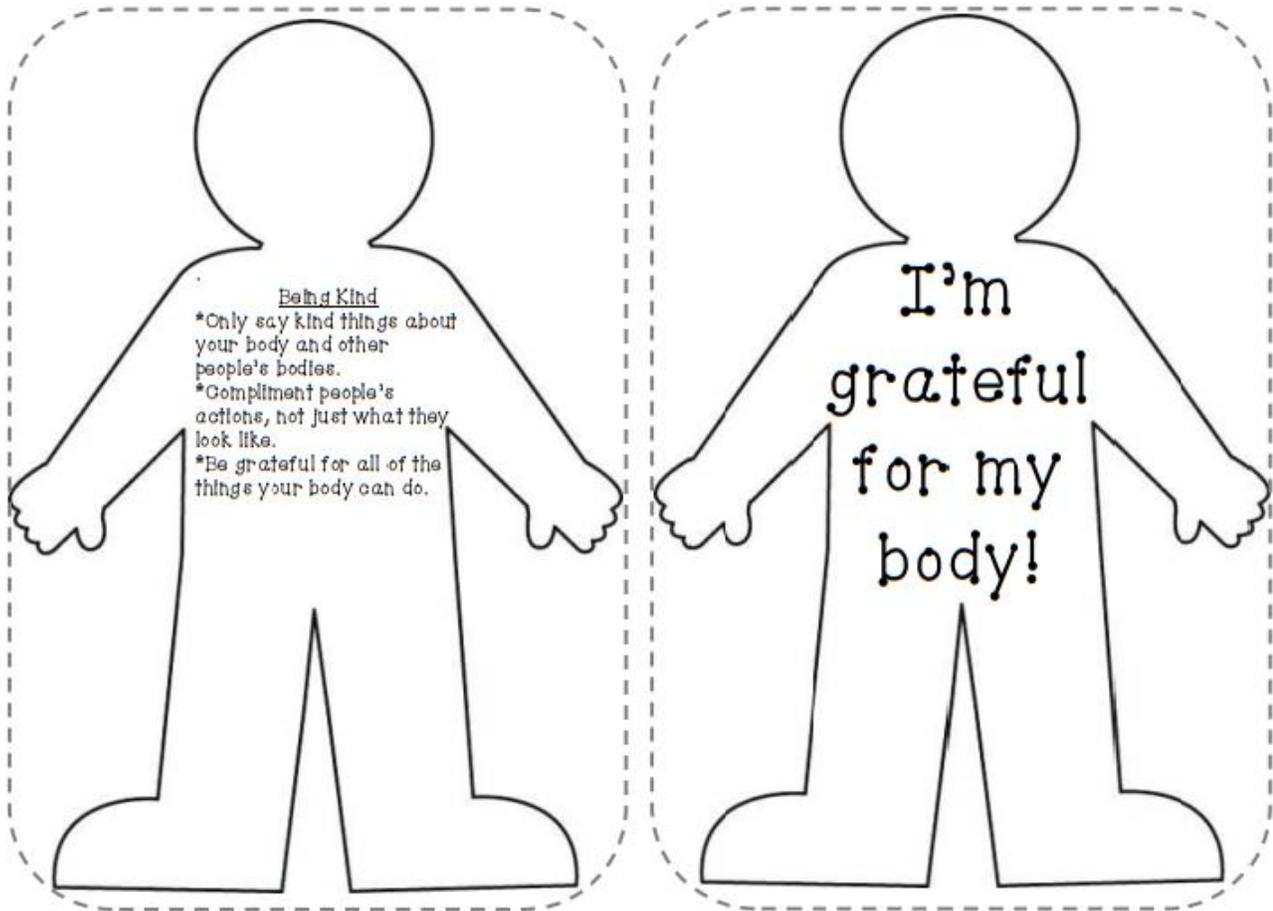
Cut cards apart. Tape one card onto the forehead or back of the first player without letting them see what it is. Everyone else will take turns giving clues about what that picture is until the player can guess what it is. After it's been guessed, have them share what they know about that topic and ask any questions they might have. Discuss how Heavenly Father can help us learn about lots of topics.





Healing of Elsa Johnson's Shoulder, by Sam Lawlor





Our Sacred Bodies Booklet – Cut out the pages from this booklet and hide them around the room. As they find each one, read and discuss it in as much detail as needed. For the “I’m grateful for my body” page, have them say reasons they like their bodies, cool things they can do because they have bodies (play soccer, listen to music with ears, eat snacks with their mouths), etc. Then staple them all together into a booklet.

Tours:

Some missionaries at the Mormon Battalion Site are offering free virtual tours and are wanting to get the word out about them. We did it, and even our young kids loved it! If you'd like to sign up, here is the link: <https://calendly.com/mormonbattalionhs>



After we did this tour, we received an email with links to many other virtual tours that seem like they would be great! Here are those additional links for anyone else who might be interested:

- Live virtual tours of New York and Pennsylvania church history sites (Sacred Grove, Priesthood Restoration site, Peter Whitmer farm, Book of Mormon publication site, etc.) [Schedule Appointment with New York & Pennsylvania Historic Sites \(as.me\)](#)
- Historic Nauvoo Virtual Tours: <https://www.nauvoohistoricsites.org/live/>
- Joseph Smith Birthplace Virtual Tour: <https://calendly.com/josephsmithbirthplace>
- Kirtland Area Historic Sites: <https://go.oncehub.com/historickirtlandtours>
- Independence Virtual Tour
<https://calendly.com/missouriareahistoricsites/independence?month=2021-03>
- Liberty Jail Virtual Tour: <https://calendly.com/missouri/libertyjail?month=2021-03>
- Mormon Trail Center at Winter Quarters: <https://calendly.com/trailcenterschedule>
- St. George Area Historic Sites: <https://calendly.com/sghstabernacle/virtual-tour?month=2021-03>
- Mormon Battalion Site: <https://calendly.com/mormonbattalionhs>