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August 23-29

“Receive of His Fulness”

1. Scripture Hop – Follow instructions on page 3 below for a scripture hop for D&C 93:23. Explain that before we were born on earth, we lived in heaven with our Heavenly Father. Talk about what that might have been like. Sing and discuss “[I Lived in Heaven.](#)”
2. Mystery Person Puzzle (Heavenly Father) – Have the Heavenly Father picture pieces (on page 4 below) cut out and put in a paper bag. Without looking, everyone will pull one piece out at a time. Don’t tell them who the picture is but let them figure it out as pieces are placed and quotes are read (they should be able to figure it out pretty quickly). As they pull each piece out, have them find the matching number on the white clue chart. Before you tape the piece on the number where it belongs, read the quote for that number and talk about what it means. Once the puzzle’s all put together, summarize who Heavenly Father is.
3. Becoming Like God Playdough Activity – Explain that one of the reasons God sent us to earth is so we could become like Him.
 - Story: Read “[We May Be Like Him](#)” from *The Friend*.
 - Song: Sing “[I Am a Child of God.](#)”
 - Activity: Follow instructions for playdough activity on page 6 below.
 - Manual: I LOVED this paragraph from the family manual. We’ll probably try to summarize it in kid terms while discussing this:

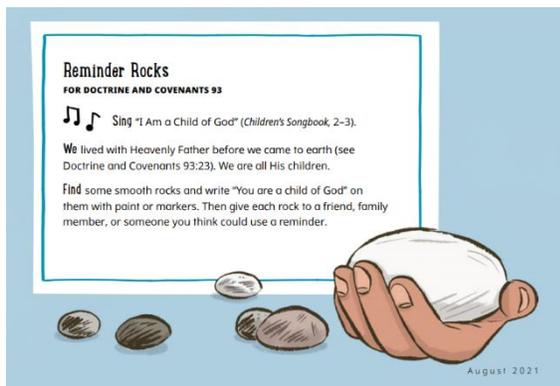
Whatever limitations we may see in ourselves, Heavenly Father and His Son see something glorious in us, something godlike. Just as Jesus Christ “was in the beginning with the Father,” so “ye were also” ([Doctrine and Covenants 93:21, 23](#)). Just as He “continued from grace to grace, until he received a fulness,” so also “you shall receive grace for grace” ([verses 13, 20](#)). The restored gospel teaches us about the true nature of God, and so it also teaches us about ourselves and what we can become. Despite the efforts of the “wicked one” ([verse 39](#))—and despite what you feel you may lack—you are a literal child of God with the potential to “in due time receive of his fulness” ([verse 19](#)).

4. Jesus Video – Because Heavenly Father loves us, His plan included sending Jesus Christ to help us. Review what we know about Jesus. Watch and discuss “[Chapter 33: A Revelation About Jesus Christ](#)”.
5. Jesus True or False Game – Read the following statements out loud. Have the kids decide if each statement is true or false. You can have them put thumbs up or down, walk to one side of the room for true statements/the opposite side of the room for false statements, stand for true statements/sit for false statements, put 2 thumbs up for true statements/make an “x” with their arms for false statements, or whatever other creative idea you can come up with. 😊
 - Jesus Christ did the works of the Father ([verse 5](#)).
 - Jesus Christ doesn’t care about what Heavenly Father wants.
 - Jesus Christ is the Light of the World ([verse 9](#)).

- Jesus doesn't know how to help us be happy or understand things.
- Jesus Christ is the Creator of the world ([verse 10](#)).
- Jesus is lazy and doesn't work hard.
- Jesus Christ received all power in heaven and on earth ([verse 17](#)).
- Jesus doesn't have any power.
- Jesus Christ was with God in the beginning ([verse 21](#)).
- Jesus didn't meet Heavenly Father until after He was crucified.

Testify that Jesus Christ and Heavenly Father are real, They love us, and we can become like Them.

6. Reminder Rock Craft – Follow instructions from this activity in this month's Friend magazine.



7. Treat (Animal Crackers) – Show pictures of baby animals and talk about what they grow into (kittens grow up to be cats, puppies grow up to be dogs, etc.). You can have them do the maze on page 7 below to go along with this. Since we are children of Heavenly Father, what does that mean we can grow to become?
- [This Latterday Kids video](#) could be great to watch with this.
 - Eat animal crackers while discussing. 😊

Additional Ideas:

More Great Free Ideas at www.theredcrystal.org
["Who Is Heavenly Father?"](#) from The Friend

SCRIPTURE Hop

(D&C 93:23)

Cut apart the following strips and spread them out far enough in a room so that the kids will need to hop from one strip to another. Make sure to keep them in the correct order. Have them stand by the first one and help them say the top line out loud. Explain what it means. Then have them jump to the next one and do the same thing until they've jumped on each of them, said them out loud, and discussed them one at a time. Then have them start back at the beginning and practice saying the phrases from this verse in order while hopping from strip to strip again. Try going a little faster each time. Repeat as many times as wanted/needed. These can also be used as flash cards, taped onto the wall to practice throughout the week, etc.



YE



WERE ALSO



IN THE BEGINNING



WITH THE FATHER

Note: The whole verse says, "Ye were also in the beginning with the Father; that which is Spirit, even the Spirit of truth;"

Mystery Person Puzzle
Cut these pieces apart and put in a paper bag.

"Ye were also in the Beginning...

1

2

3

4

5



art by the red crystal.org

with the Father.”

D&C 93:23

Mystery Person Puzzle

DON'T cut this one apart. Tape pictures onto this sheet as they're pulled out of the bag. Discuss each quote as pieces are placed on it.

1 “Nothing will surprise us more than when we get to heaven and see the Father and realize how well we know Him and how familiar His face is to us.”

Ezra Taft Benson

2 “Our Eternal Father lives. He stands as the great God of the universe, ruling in majesty and power. And yet He is my Father, to whom I may go in prayer with the assurance that He will hear, listen, and answer.”

Gordon B. Hinkley

3 “God is Heavenly Father. We are His children. He has a body of flesh and bones that is glorified and perfected. He loves us. He understands and feels our sorrows and rejoices in our progress.”

Preach My Gospel

4 “God is our loving Heavenly Father. We are His children. He weeps with us when we suffer and rejoices when we do what is right.”

Gary E. Stevenson

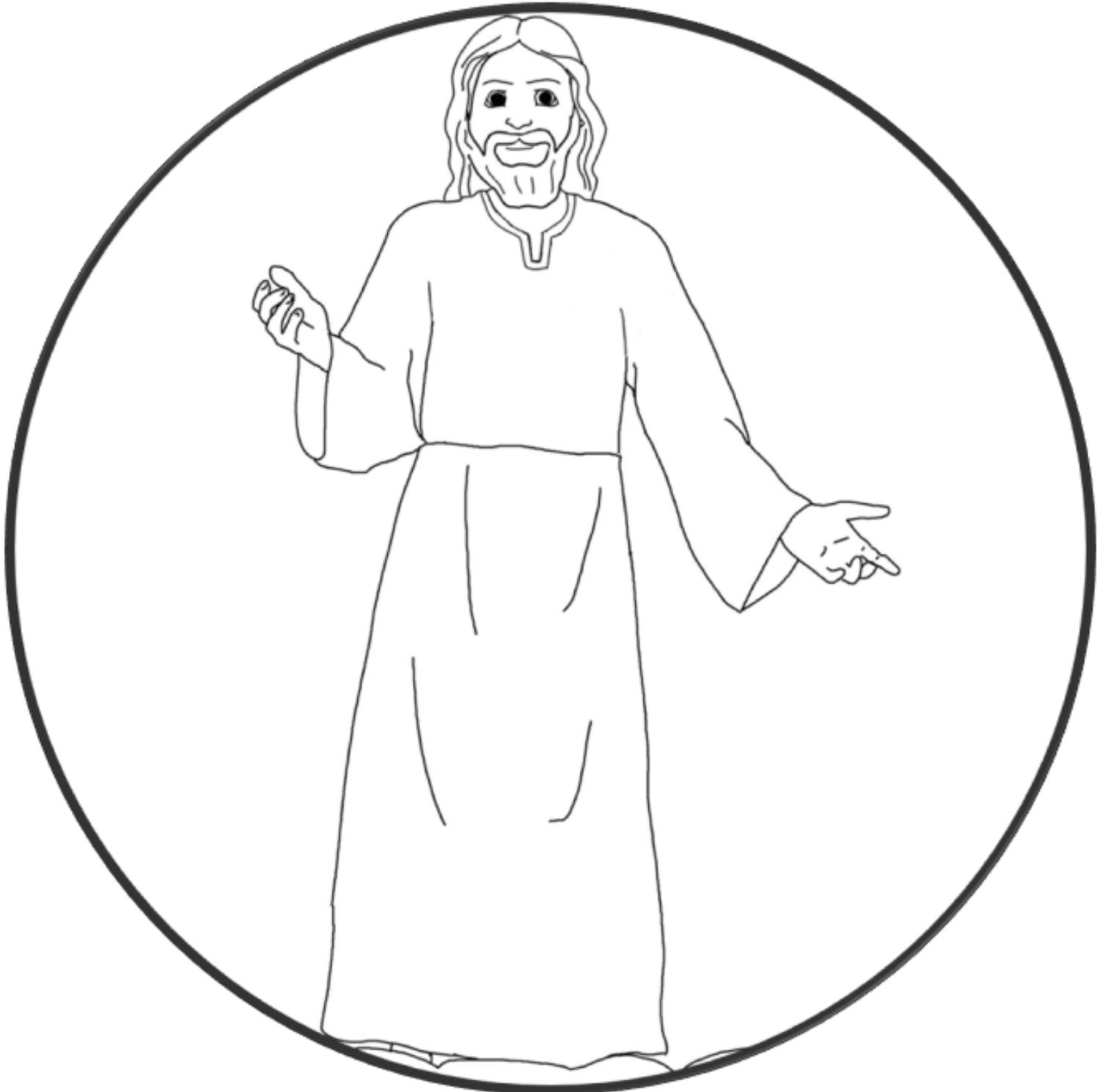
5 “Though we are incomplete, God loves us completely. Though we are imperfect, He loves us perfectly. Though we may feel lost and without compass, God's love encompasses us completely.”

Dieter F. Uchtdorf

I Can Become Like Heavenly Father

Playdough Activity

Take turns sharing one thing you've seen a family member or classmate do that was similar to how God would act (helping others who are hurt, sitting by someone who is lonely, etc.). Put a small piece of playdough inside the outline of Heavenly Father as each thing is shared. Continue until the whole outline of Heavenly Father has been filled in. Talk about how the small things we do each day can help us eventually become fully like God.



All Grown Up

We are children of Heavenly Parents. We can grow up to be like Them. Baby animals grow up to be like their parents too. Follow the path from the baby animals to their parents.

