



comefollowmekid.com

October 18-24

"O God, Where Art Thou?"

1. Scripture Hop – Follow instructions on page 3 below for a scripture hop for D&C 122:9 and talk about what it means.
2. Emotion Charade – Take turns acting out different emotions we might feel while others guess what that emotion might be. You could let them look at [one of the charts on this page](#) to help them think of different emotions.
 - After each emotion is acted out, ask, "Do Heavenly Father and Jesus understand how I feel when I'm (glad/sad/scared/etc.)?"
 - Read D&C 122:8 and explain that this means that Jesus Christ knows how we feel, and He can help us.
3. Liberty Jail – Even good people go through hard and sad things sometimes. Section off a 14 foot x 14 foot area while explaining that Joseph Smith and some of his brethren were put into a jail this size for 4 months. It was cold and they dealt with many harsh conditions. What do you think they felt like while they were there? Was God aware of them and did He love them even though they were sad? (Yes!).
 - Sit in this area while discussing one or more of the following:
 - Read "[Chapter 46: Joseph Smith in Liberty Jail](#)".
 - Share Joseph and Emma's letters written to each other while he was in jail (in the "[Voices of the Restoration](#)" section of the manual).
 - If you have older family members, you could read/listen to and discuss Elder Eyring's talk "[Where is the Pavilion?](#)" while sitting in this area.
4. Jesus Christ (Song/Scriptures) – While sitting in the 14 x 14 area, sing "[Peace in Christ](#)" or "[Where Can I Turn for Peace?](#)" Set up a picture of Christ and read one or more of the following:
 - [D&C 122](#)
 - [Alma 7:11-13](#)



Jesus understands our suffering. *Not My Will, But Thine*, by Walter Rane

5. Testimonies – Share testimonies of Heavenly Father and Jesus Christ. Remind them that God is with us always, even when we go through hard times.
6. High Power/Low Power Game – While he was in Liberty Jail, Joseph Smith was given revelation about God’s power. Follow directions on page 4 below to talk about how we can feel more of God’s power in our lives. Based on idea from manual.
7. Hug Treat Game – Follow directions for game on page 7 below. Or if you want to super-simplify things, just eat some Hugs and Kisses while talking about how Heavenly Father and Jesus love us, are aware of us, and want to “hug” us and help us when we need them to!

Additional Ideas:

More Great Free Ideas at www.theredcrystal.org

“Joseph Smith: The Prophet of the Restoration” 1-hour video from the church (some of it might be too graphic for young kids)

“Broken” and “Where Can I Turn for Peace” sung by Nadia Khristian on church’s channel

SCRIPTURE Hop

(D&C 122:9)

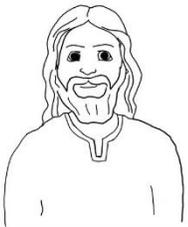
Cut apart the following strips and spread them out far enough in a room so that the kids will need to hop from one strip to another. Make sure to keep them in the correct order. Have them stand by the first one and help them say the top line out loud. Explain what it means. Then have them jump to the next one and do the same thing until they've jumped on each of them, said them out loud, and discussed them one at a time. Then have them start back at the beginning and practice saying the phrases from this verse in order while hopping from strip to strip again. Try going a little faster each time. Repeat as many times as wanted/needed. These can also be used as flash cards, taped onto the wall to practice throughout the week, etc.



FEAR NOT



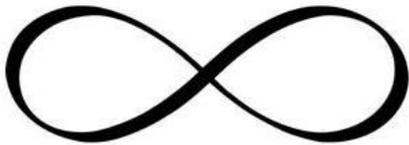
WHAT man can do,



FOR God shall be



WITH you



FOREVER and EVER.

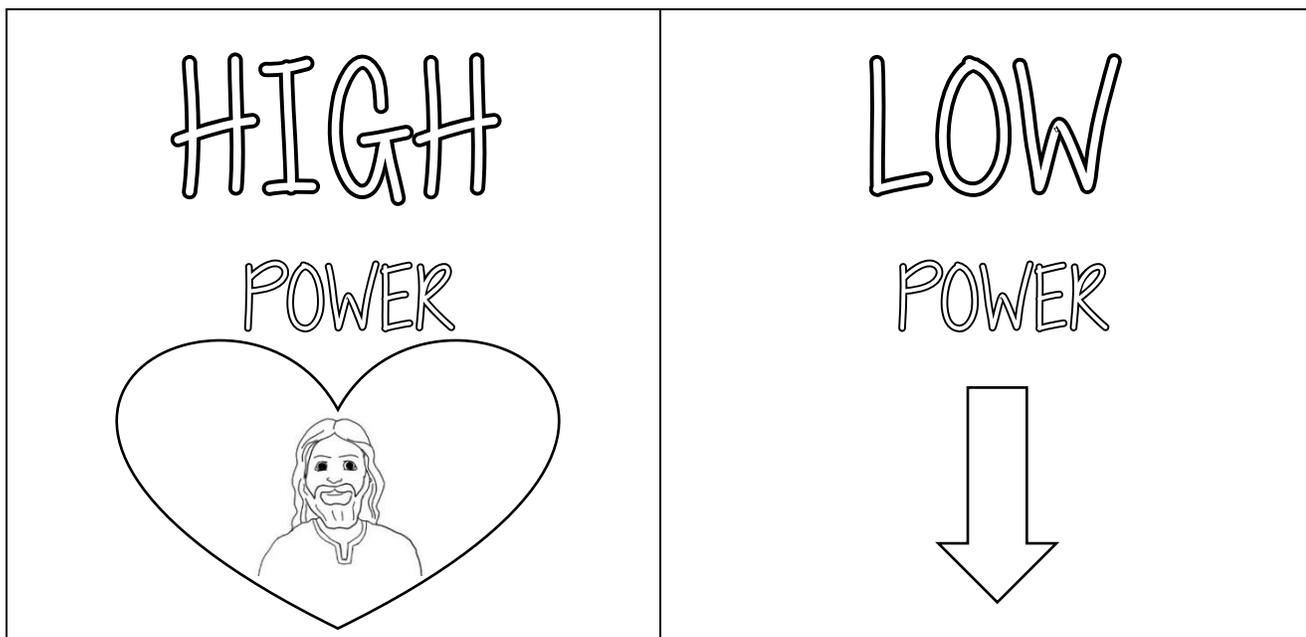
Note: The whole verse says, "Therefore, hold on thy way, and the priesthood shall remain with thee; for their bounds are set, they cannot pass. Thy days are known, and thy years shall not be numbered less; therefore, fear not what man can do, for God shall be with you forever and ever."

HIGH POWER/LOW POWER GAME

Explain that we can have God's power in our lives only if we are righteous. Designate one side of the room as the "Low Power" side and the other as the "High Power" side. Cut apart the following strips. Let everyone take turns picking one and decide if it would give us low or high power. Have them go to whichever side of the room represents that. Talk about ways we can feel more of God's power in our lives and people we know who are good examples of this.

Caring more about what people in the world think than what God thinks. (D&C 121:35)
Covering our sins (lying about mistakes) (D&C 121:37)
Trying to control others in an unrighteous way (D&C 121:37)
Persecuting (being mean to) others (D&C 121:38)
Fighting against God (D&C 121:38)
Being gentle and meek (D&C 121:41)
Loving others (D&C 121:41)
Kindness (D&C 121:42)
Being full of charity (love) towards all (D&C 121:45)
Letting virtue garnish your thoughts (having good and pure thoughts) (D&C 121:45)
Having and listening to the Holy Ghost (D&C 121:46)
Righteousness and truth (D&C 121:46)

Tape High/Low Power signs on opposite sides of the room.





HUG/KISS GAME

Tape these on the bottoms of Hugs or Kisses candy. Let everyone take turns choosing one out of a bowl without looking and answering the question on the bottom. Remind them that Heavenly Father and Jesus love us, are aware of us, and want to "hug" us and help us when we need them to!

Tell about a time when something funny happened to you!

Tell about a time when something scary happened to you!

Tell about a time when something exciting happened to you!

Tell about a sad thing that might happen to us.

Tell about something that makes you nervous.

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Tell about a time when you got hurt.

Tell about a time when someone did something kind for you!

Tell about something that makes you really happy!

Tell about something you're thankful for.

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"

Say:
"Jesus Christ Knows How I Feel, and He Can Help Me!"