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January 3-9

# "In the Beginning God Created the Heaven and the Earth"

## 1. Song/Mystery Picture/Nature Walk –

- Song: Sing/listen to "[My Heavenly Father Loves Me](#)" and talk about what the words to it mean.
- Mystery Picture: Give each person a piece of paper. While listening to the song again, have them draw a picture of one of their favorite things God created (without letting everyone else see!). When the song is done, everyone will take turns giving clues about what they drew until the others can guess it.
- Nature Walk: Go on a walk outside. Let each person draw additional pictures of creations in nature that they notice (trees, plants, animals, stars, etc.).

## 2. Playdough Creation Activity/Video – Look at the picture on page 4 below and explain that the Earth used to not look the way it looks now. Someone organized and created it. Who? (Jesus!)

- Follow instructions on pages 5-6 below to talk about the Creation using Play-Dough to help the kids focus and learn. Then watch and discuss one of the following videos:
- "[The Creation of the Earth](#)" from the church website
- "[The Creation](#)" 5-minute LatterDayKids video
- If you don't have Playdough, you can make your own using a recipe like [this one](#).
- If you want to simplify, you could also just let the kids color pictures instead of using Playdough.

## 3. Taking Care of the Earth – Moses 2:28 explains that man was given dominion over all living things. President Joseph Fielding Smith taught that having "dominion" means to have responsibility. The institute student manual also clarifies, "To have dominion over all living things is a sacred responsibility and should not be misused."

- Discuss: How can we take care of things on the earth? Plants? Insects? Animals? Oceans? Etc.?
- Choose one way we can care for the earth and make specific plans to do that thing. [This website](#) has some ideas, but some of them might be projects for the springtime. Some ideas could include: cleaning up litter in the neighborhood or a nearby park, making things from recycled items, starting a garden, planting a tree, making bird feeders, using less plastic, etc.
- If time/interest, watch and discuss "[Our Earth, Our Home](#)" 1-minute video from the church's website.

## 4. God's Greatest Creation (Me!) Moses 2:27 says, "And I, God, created man in mine own image, in the image of mine Only Begotten created I him; male and female created I them."

- Read the first page of this "[God is Our Father](#)" article in *The Friend* while talking about how we have body parts just like He does. The manual suggests having kids point to body parts as you name them.
- "[God's Greatest Creation](#)" is also a good video for older kids.
- Remind them that they are so important to Heavenly Father and that He loves them!
- Talk about/summarize the quote from Dieter F. Uchtdorf on the following page and testify of the love that both Heavenly Father and Jesus have for us.



"Imagine that — the most powerful being in the universe — the being who formed stars, nebulae, and galaxies has your eternal happiness as His greatest priority."

Dieter F. Uchtdorf mylifebygopgoff.com

5. Scripture Draw –For the Old Testament, we decided to switch our “Scripture Hop” to a “Scripture Draw”. Our kids are getting older and more into drawing and a little bit of writing, so we wanted to weave these interests of theirs into our lessons more. Print up page 3 below. Read and discuss Moses 2:31, and have each kid draw pictures or write responses about the verse (what it means and how it applies to themselves).
  - Since our kids are so young, they’ll probably mostly just do drawings for their responses, but we might help write down some of their responses they tell us for these underneath their drawings.
  - Our idea is that we will focus on a new scripture verse each week and do a new “Scripture Draw” for each, so we plan on getting some 3-ring binders to store these papers in throughout the year. That way they can have the binder with all of their pages to look back at after the year is over.
  - Links to free cover pages that can be put into binders are on page 7 below.
6. Sabbath Day – Discuss what happened on the seventh day ([Moses 3:2–3](#)). Talk about appropriate ways we can rest from worldly work and become closer to the Lord each Sabbath Day. [Theredcrystal](#) has some great Sabbath Day lesson helps that could be used if you want to extend this discussion. “[The Sabbath is a Delight](#)” is another church video that could be used in this discussion as well.
7. Treat – Choose one of the Earth treats from [this website](#) to make while reviewing how beautiful the Earth is and ways we can take good care of it.

## EARTH DAY Cookies & Treats

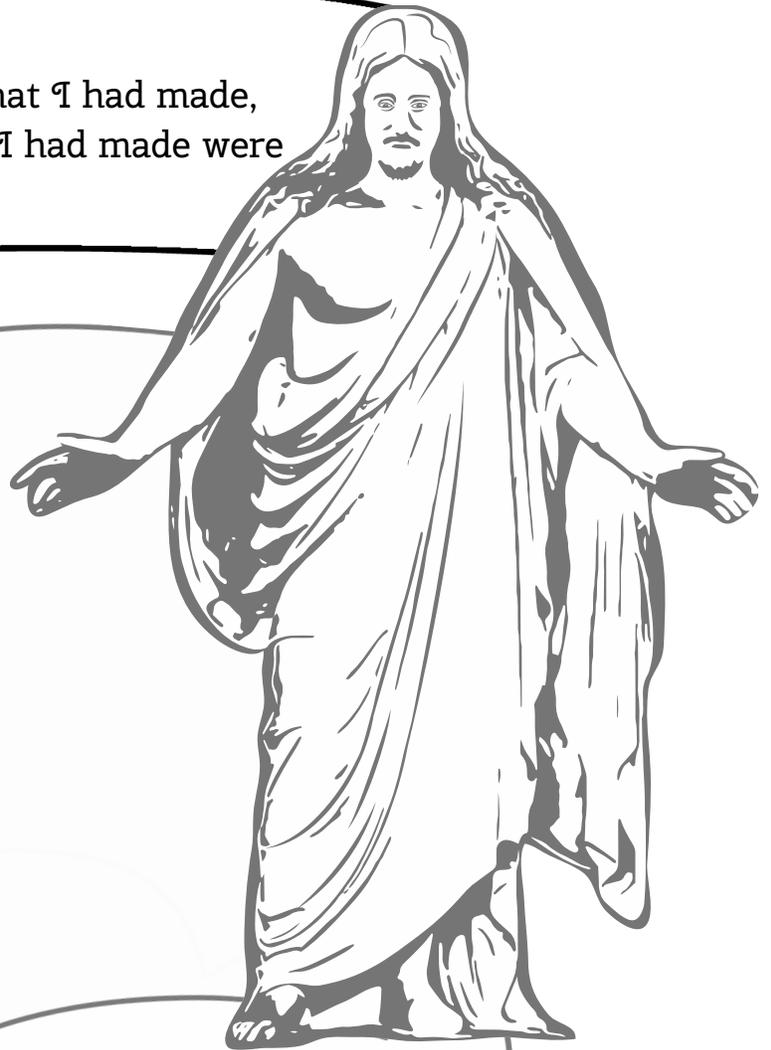


## Additional Ideas:

More Great Free Ideas at [www.theredcrystal.org](http://www.theredcrystal.org)  
[Old Testament Cartoon Videos from the Church Website](#)

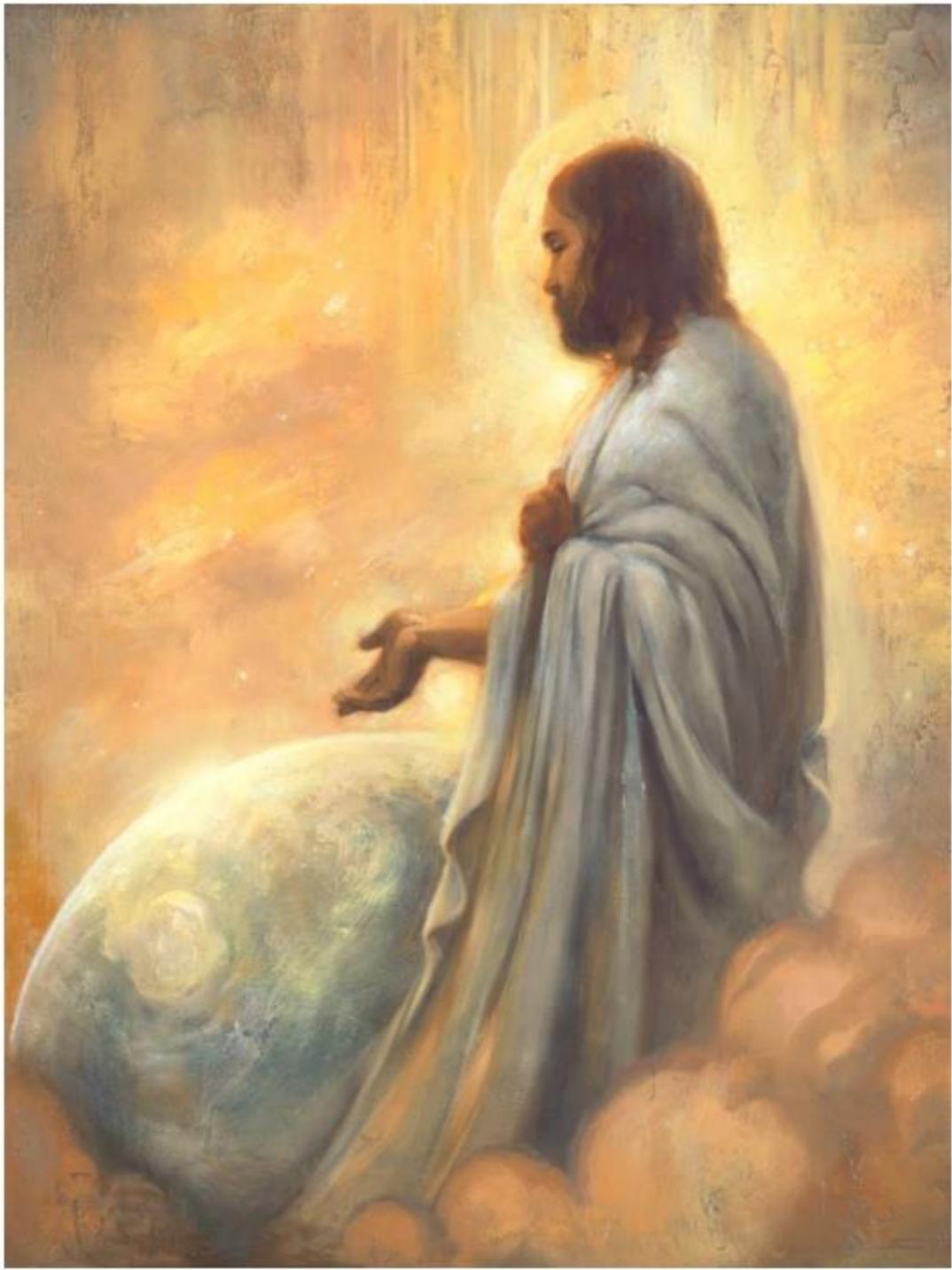
**Moses 2:31**

And I, God, saw everything that I had made,  
and, behold, all things which I had made were  
very good.



What this scripture means:

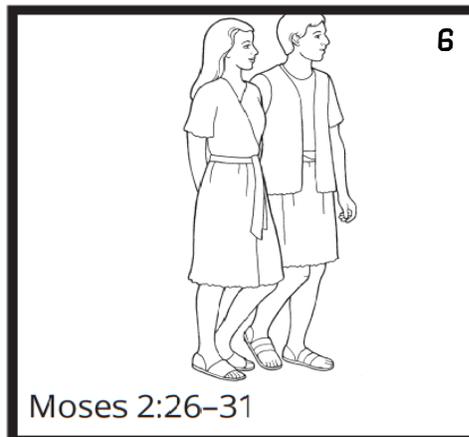
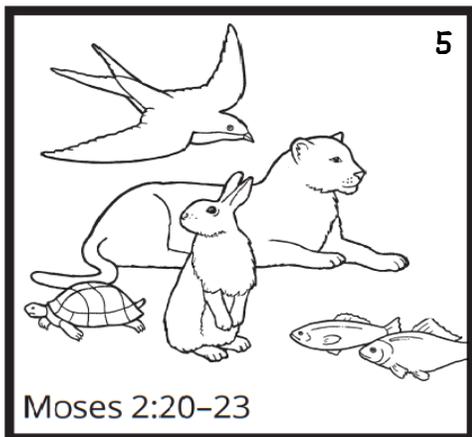
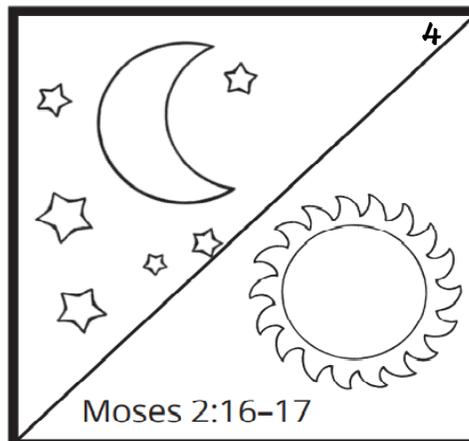
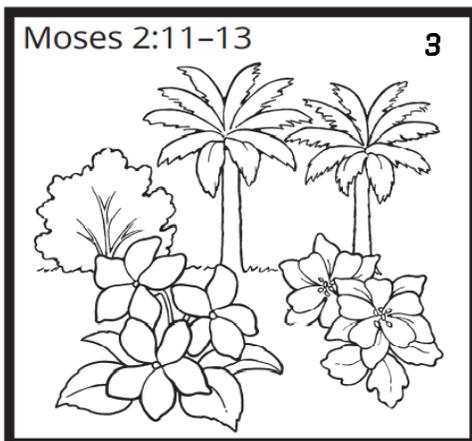
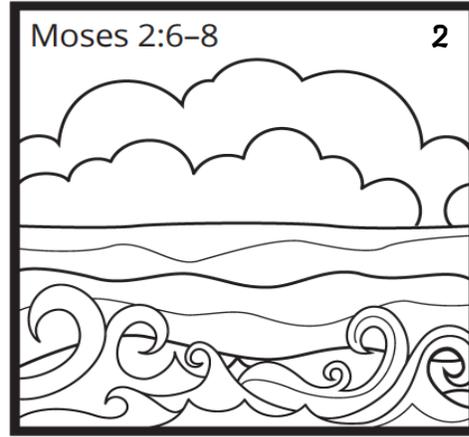
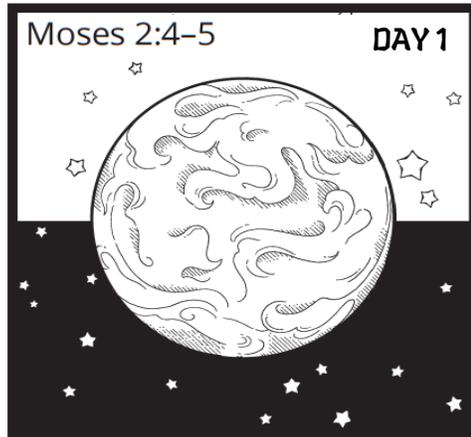
What I want to focus on or do differently in my  
own life because of this scripture:



*The Creation*, by Annie Henrie Nader

# Playdough Creation Activity

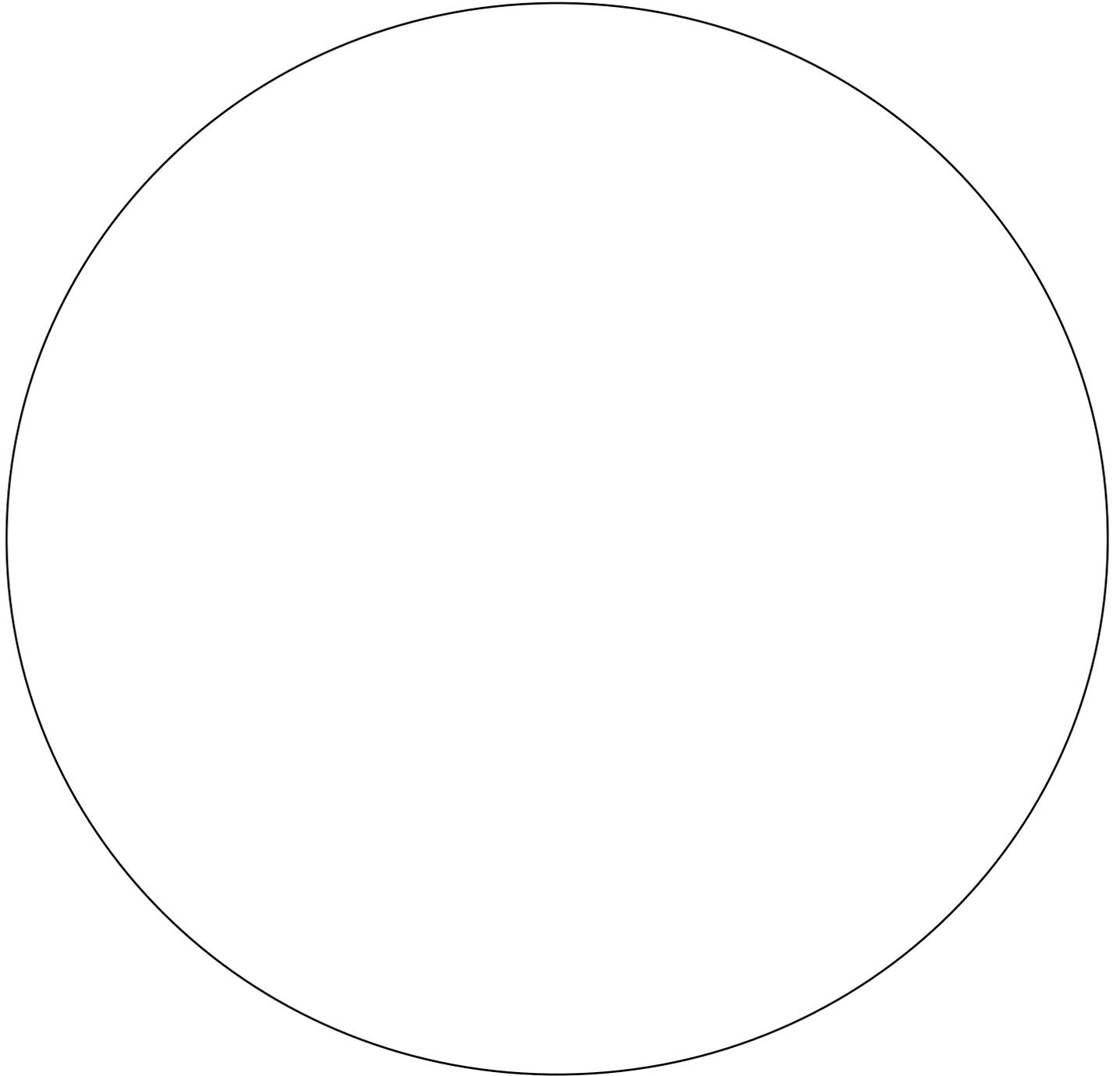
Read the scriptures that go along with these cards in order from the first day to the sixth day. As you study each of the different parts of the Creation, use Playdough to make that part. For day 1, you could separate the dark colors of playdough from the light colors.



(images from the manual)

# Playdough Creation Activity

Use this circle mat to represent the Earth. As you study different parts of the Creation, use Playdough to make that part on the mat. Discuss each while creating them.



If you'd like to make a binder for 2022 CFM Studies, click [here](#) or on the images below for free downloads of cover pages that can be used.

