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April 4-10

# “Stand Still, and See the Salvation of the Lord”

This lesson is going to be pretty relaxed for us, focusing mainly on [The Prince of Egypt](#) movie and treats. 😊

1. **Review** – Take some time to review things we’ve learned about Moses and the Israelites in past lessons. Explain that this week, we get to learn about what happened after the Israelites were finally free from being slaves! Discuss how, once they left the land, the pharaoh got mad again and decided to send people after them because he didn’t want them to be free. God performed many miracles for the Israelites, even though they often complained. Explain that God also takes care of us in our lives, even when we might not be totally perfect. He loves us always.
2. **Video** – When the Israelites reached the Red Sea, they thought that the people chasing them would kill them, but God did an amazing thing to help them! Watch “[The Passover](#)” video from the church and discuss.
3. **Act Out the Story** – Look at the picture on page 4 below while reviewing how God saved them. Then set out blue blankets in a room to represent the sea and have the kids act out the story while retelling what happened as told in Exodus 14.
  - The manual also has this fun suggestion: [Exodus 14:13–22](#) *Your family members might enjoy trying to “divide” the water in a bowl or a bathtub, as Moses divided the Red Sea. Help them understand that the Red Sea could not be divided without the power of God. How have we seen God’s power in our lives and the lives of our ancestors?*
4. **The Lord Took Care of the Israelites** – Explain how, after the Israelites safely crossed the Red Sea, they still had troubles. God did many things to show them that He was still watching over them. Watch/discuss “[The Israelites in the Wilderness](#)”. Talk about how He also takes care of us in our lives, even when things don’t seem to be going smoothly.
  - Do the scripture draw on page 3 below.
5. **God Takes Care of Us Treats** – Follow instructions on page 5 below. If you do this activity, you will need treats to represent rocks, water becoming sweet, bread (manna), and quails. Some ideas of items that could be used are:
  - **Rocks**: Pop Rocks/Chocolate Rocks/Rock Candy Suckers
  - **Water Made Sweet**: Kool-Aid/Capri Suns/Sprite/Any Sweet Drink
  - **Bread (Manna)**: Donut Holes
  - **Quails**: Peeps Marshmallows



6. Movie – Eat the treats from “God Takes Care of Us Treats” activity while watching [The Prince of Egypt](#) . As needed, discuss which parts of the movie really happened and which were added in/embellished.
7. Red Sea Cake – You can also follow directions from [this website](#) to make a “Parting of the Red Sea” cake. Be sure to discuss these phrases from Exodus and apply them to your own lives while making it:
  - “Stand still, and see the salvation of the Lord” (Exodus 14:13)
  - “The Lord shall fight for you” (Exodus 14:14)

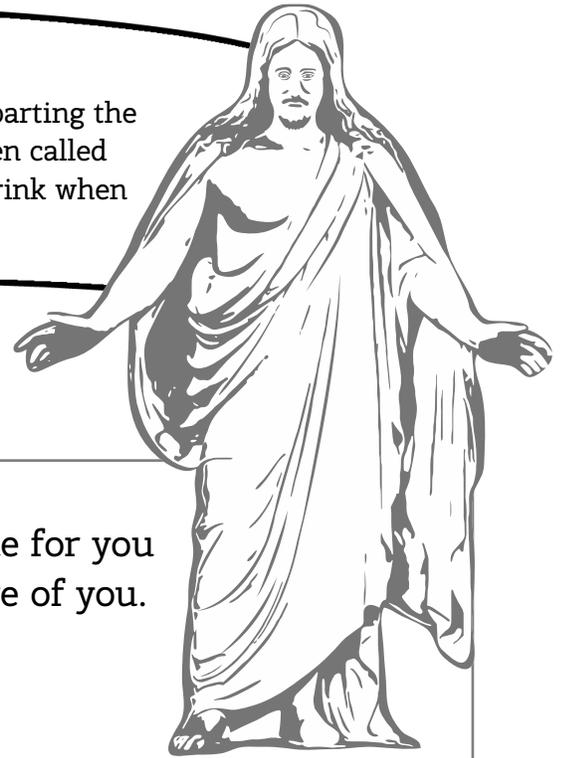


## *Additional Ideas:*

More Great Free Ideas at [www.theredcrystal.org](http://www.theredcrystal.org)  
[Old Testament Cartoon Videos from the Church Website](#)

## Exodus 16

God took care of the Israelites in many ways. After parting the Red Sea for them, He sent them bread from heaven called manna, quail to eat, and gave them good water to drink when they needed it.



Write or draw specific things the Lord has done for you in your life that help you know He's taking care of you.

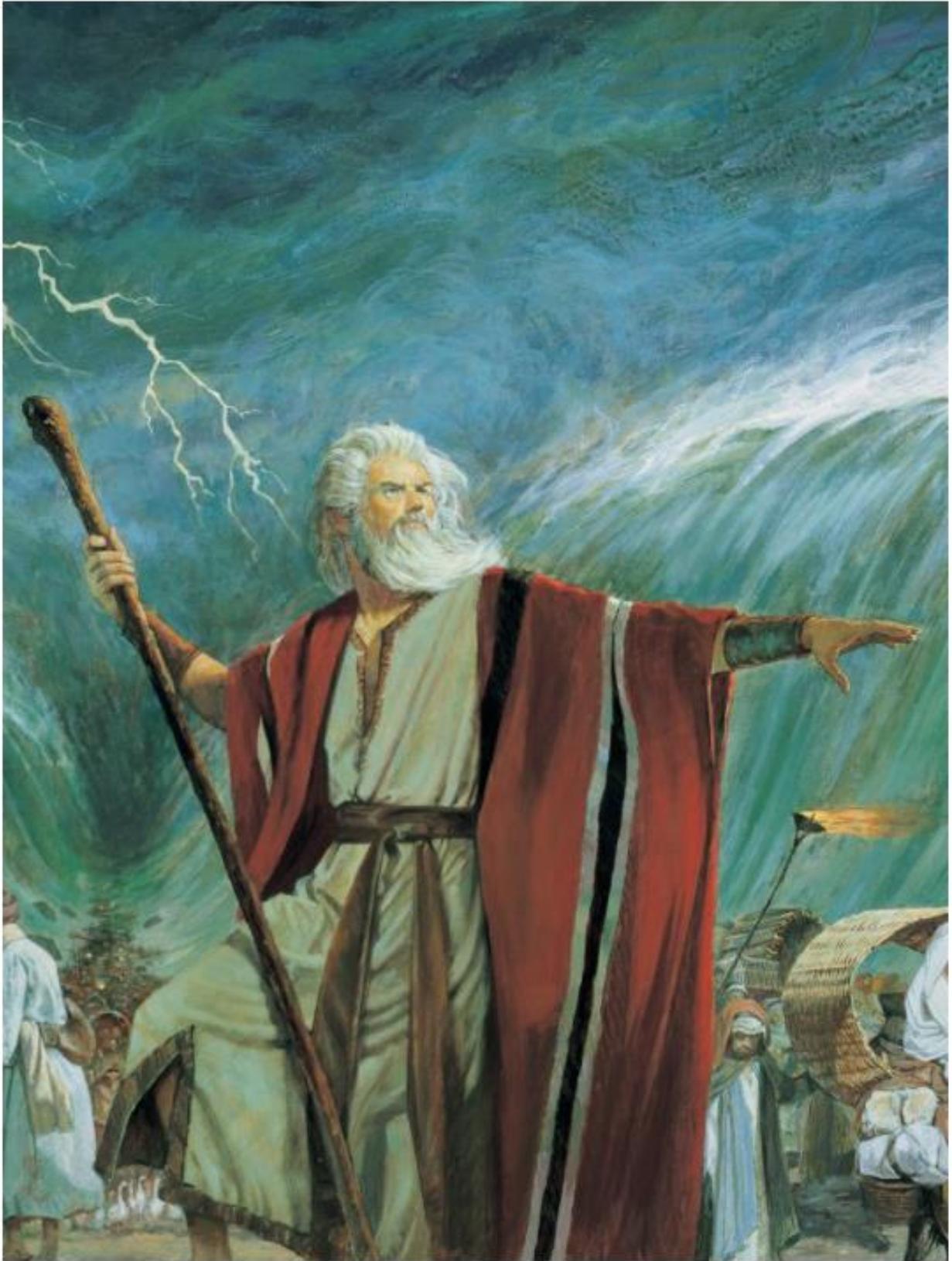


Illustration of Moses parting the Red Sea, by Robert T. Barrett

# God Takes Care of Us Treats

For this activity, you will need treats to represent rocks, water becoming sweet, bread (manna), and quails. Some ideas of items that could be used are:

**Rocks** (Exodus 17:1-7): Pop Rocks/Chocolate Rocks/Rock Candy Suckers

**Water Made Sweet** (Exodus 15:22-27): Kool-Aid/Capri Suns/Sprite/Any Sweet Drink

**Bread Called Manna** (Exodus 16:16-26): Donut Holes

**Quails** (Exodus 16:13): Peeps Marshmallows

Put the treats in a basket and tell them that each treat represents one way the Lord took care of the Israelites. Cut apart the following slips and have them take turns choosing one to discuss. After reading the scripture verses for each and discussing, ask which treat they think represents this part of the story. Tape the paper onto the treat it represents in the basket. Once all have been discussed and taped onto the correct items, enjoy the treats!

## EXODUS 15:22-27

After reading these verses, talk about the difference between bitter and sweet.

How was the Lord able to turn bitter water into a **SWEET DRINK**?

How can the Lord make bitter things in our life sweet?

What are some ways we can "hearken to the voice of the Lord" like these verses talk about?

## EXODUS 16:13

When the children of Israel complained about being hungry, the Lord sent them **BIRDS** called quails for meat.

What are some things the Lord has given you in your life that you need? Sit in a circle and take turns listing things the Lord has given us. See how many times you can go around the circle without repeating what others have said.

## EXODUS 16:16-26

The Lord gave the Israelites **BREAD** from heaven called manna. It tasted like honey. This showed them that they could trust Him.

Just like they needed this bread each day, we need Christ in our lives each day to help our spirits stay strong.

What are some things we can do to help us feel Christ's power and love in our lives each day?

## EXODUS 17:1-7

When the children of Israel were in the wilderness, they got very thirsty. Jehovah (Jesus Christ) told Moses to strike a **ROCK**. When he did, water gushed out of the rock for them to drink.

This helped show the Israelites that the Lord was among them. Share ways we can recognize the Lord in our lives, even when we are going through hard things.