

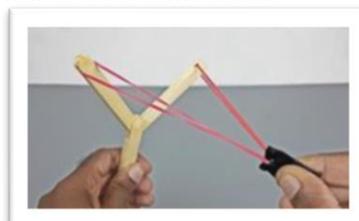


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June 13-19

"The Battle Is the Lord's"

1. Young David – Watch "[Young David](#)" video from the church. Read and discuss 1 Samuel 16:7. Emphasize that the Lord cares more about what's in our hearts than what we look like. What are some things in our hearts that might look beautiful to the Lord? What are some things in our hearts that might look a little ugly? How can we make our hearts look as good as possible?
 - Share/discuss this quote from Elder Dieter F. Uchtdorf: *"If we look at ourselves only through our mortal eyes, we may not see ourselves as good enough. But our Heavenly Father sees us as who we truly are and who we can become."* Talk about good qualities we see in each others' hearts (idea from manual).
2. Charades – Take turns acting out something you could do to show that your heart looks good to the Lord. Give some specific ideas to help get them thinking as needed, such as:
 - You notice someone drops a pile of papers, so you help pick them up.
 - You take the garbage out without being asked to.
 - You sit reverently in church.
 - You study the scriptures.
 - You say meaningful prayers.
 - You pay your tithing.
 - You make a get well note for someone who is sick.
3. David and Goliath Story – Because David trusted in the Lord and had a good heart, the Lord was able to help him do some amazing things. Let them share what they remember about the story of David and Goliath, and then watch the "[David and Goliath](#)" video from Latter Day Kids, the "[David and Goliath](#)" video from the church, or "[The Lord Will Deliver Me](#)" video from the church.
4. Butcher Paper Goliath –
 - Measure some butcher paper to be 9 feet tall, draw an outline of Goliath while talking about how big he was, and tape it onto the wall. Theredcrystal also made this [printable Goliath](#) you could use for this.
 - Goliath was scary to the Israelites. What are some things that scare us? On the butcher paper, let everyone write/draw things that scare them, or that might be difficult to do, such as standing up to peers, sharing testimonies in church, trying new things, etc.
 - Take turns acting out the story of Goliath. Throw marshmallows/pom poms/rolled up socks/whatever you have at Goliath. Click on pictures below for fun slingshot ideas if you want to make one for this.
 - Explain how this story applies to us. Even though we might feel small and our problems seem scary, God can give us power to overcome them!



5. Song –

- Practice saying, “The Lord helps me be strong!” together.
- Play the music to “[I Will be Valiant](#)” while everyone dances/marches around the room. Pause the music at random spots. When paused, throw marshmallows/pom poms/rolled up socks/whatever you have at Goliath and say, “The Lord helps me be strong!”
- Testify of the love Heavenly Father and Jesus have for us and how they can help us win battles against Satan and anything that is scary in our lives.
- Do the Scripture Draw on page 3 below.

6. Mini Goliath Marshmallow Questions –Print up the Goliath question pieces on pages 4-5 below. Fold them and glue them as shown in the picture so they are standing up. Place them in any arrangement you want. Take turns trying to knock them over using a plastic spoon as a catapult slingshot with a mini marshmallow on it to represent the stone. You can also just throw mini marshmallows/pom poms at them if you want to simplify. If you knock one of the Goliaths over, you will answer the question on the back of him. If you knock more than one over, choose one to answer and stand the other ones back up. Goliath picture created by Crystal from theredcrystal.org. So grateful for her talents!



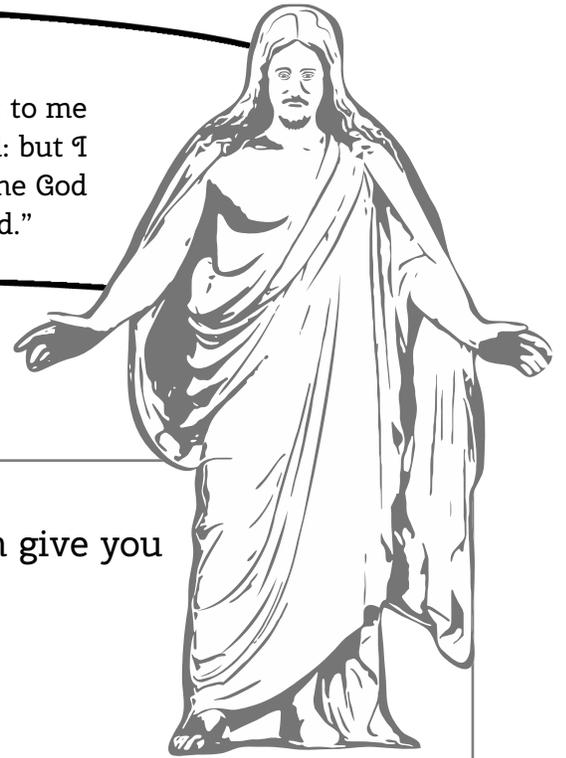
7. Edible Fudge Rocks – Use the directions found [here](#) to make edible fudge rocks. Talk about tools the Lord gives us to help us beat Satan, just like he used the stones to help David beat Goliath (prayer, church, scriptures, etc.). Just like David knew God was on his side and he had faith in Him, when we pray/go to church/read scriptures/etc., we can know that God is on our side and will help us with the things we need help with in life.

Additional Ideas:

More Great Free Ideas at www.theredcrystal.org
[Old Testament Cartoon Videos from the Church Website](#)

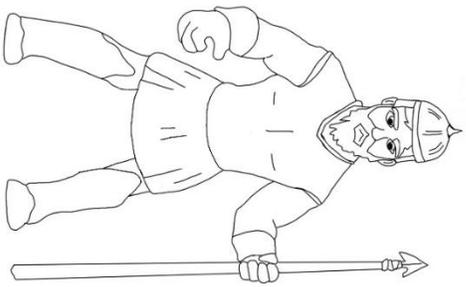
1 Samuel 17:45

“Then said David to the Philistine, Thou comest to me with a sword, and with a spear, and with a shield: but I come to thee in the name of the Lord of hosts, the God of the armies of Israel, whom thou has defied.”

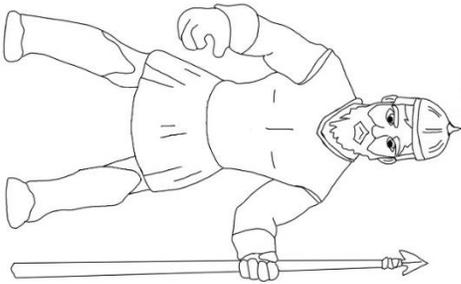


Write or draw a picture of one way the Lord can give you more strength than any other weapons.

<p>What matters more: What's in your heart or what you look like?</p>	<p>Who was bigger: David or Goliath?</p>	<p>Read 1 Samuel 17:45. Whose name did David say he came in?</p>	<p>Who had more armor and weapons: David or Goliath? *If you're not sure, read 1 Samuel 17:4-7 and 1 Samuel 17:38- 40, 45-47</p>
			
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<p>Glue this tab onto the back</p>		<p>1 Samuel 17:47 says, "The Lord saveth not with sword and spear." What are some ways that the Lord saves us?</p>
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<p>The Lord can help me with my challenges. True or False:</p>	<p>Who is more powerful: God or Satan?</p>	<p>Tell the story of David and Goliath in your own words.</p>	<p>What are some ways you can show that you rely on God for strength?</p>
			
<p>Glue this tab onto the back</p>	<p>Glue this tab onto the back</p>	<p>Glue this tab onto the back</p>	<p>Glue this tab onto the back</p>

<p>Glue this tab onto the back</p>		<p>Name one thing you will do this week to show that you have faith in God.</p>
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