



October 17-23

“I Will Turn Their Mourning into Joy”

comefollowmekid.com

1. **Song** – Sing “[I Feel My Savior’s Love](#)” and remind them that Heavenly Father and Jesus love them lots!
2. **Hearts** – From the manual: “*Family members could also write (or draw) on paper hearts something that shows how they feel about the Savior. What does it mean to have His law written in our hearts? (see [Jeremiah 31:33](#)). How do we show the Lord that we want to be His people?*”
 - Give each person a paper heart. There are printable hearts on pages 4-5 below that can be used for this, or you can cut some out of construction paper.
 - Give each person time to share what they’ve written/drawn on their hearts.
3. **Covenants** (Heart Puzzle, Baptismal Covenants)– One way that we show our love for Heavenly Father and Jesus is through covenants. Review what covenants are and how they can help us feel Heavenly Father and Jesus’s love for us as well. From the manual: “[Jeremiah 31:31–34](#); [32:38–41](#). *Consider making a list of things in these verses the Lord promises when we make covenants with Him. What do these verses teach us about the importance of our covenants?*”
 - Use the heart puzzle on page 6 below for this. Cut apart the strips. Take turns choosing one out of a pile and discussing what it means.
 - Spend time discussing covenants in as much detail as needed. One of our daughters is getting close to baptism age, so we’ll probably spend some additional time discussing specific covenants and blessings of baptism.
 - Read through the “Baptismal Covenant” section in Gospel Topics (on page 7 below).
 - **Baptism Video:** Watch “[Sophia’s Baptism Promises – The Covenant Path](#)” video.
 - Share testimonies of the importance of baptism. Older family members share personal experiences.



4. **Scripture Draw** – Do the scripture draw on page 3 below.
5. **Video** – Watch “[Jeremiah the Prophet](#)” video from the church. Tell them to pay close attention to whether or not the people kept their promises (covenants) with the Lord. What happened because of the choices they made? Remind them of how important the choices we make are.

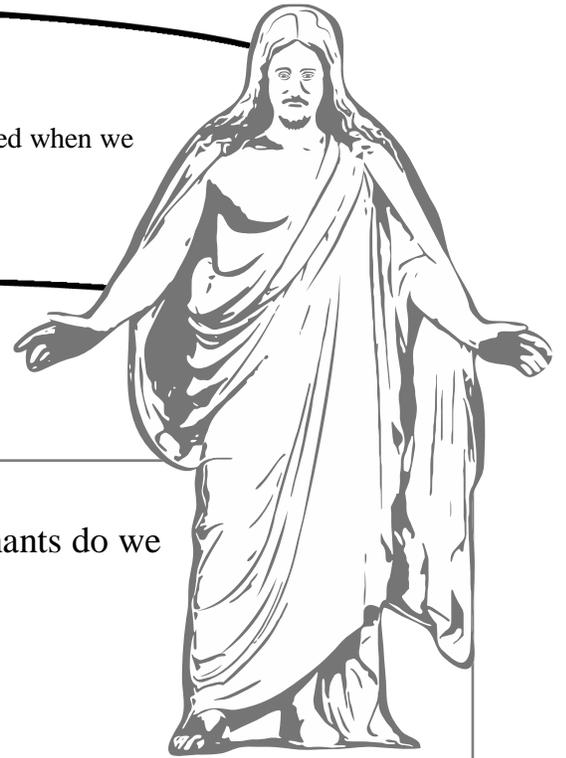
6. Scriptures – Another way God shows He loves us is because He gave us the scriptures. These contain His words. The scriptures can help us stay close to God and remember what He has taught us. They can help us make good choices. From the manual: *“Display a children’s book and a copy of the scriptures, and ask the children to talk about the differences they notice between the books. What makes the scriptures special? Help the children understand that the scriptures are God’s word written by prophets, just like the book of Jeremiah is what God told Jeremiah to write.”*
7. Treat/Videos – What are some of our favorite scripture stories we’ve studied? Let everyone share favorite stories and tell what lessons we can learn from them. Eat a favorite treat while choosing some of the [Old Testament videos](#) to watch again.

Additional Ideas:

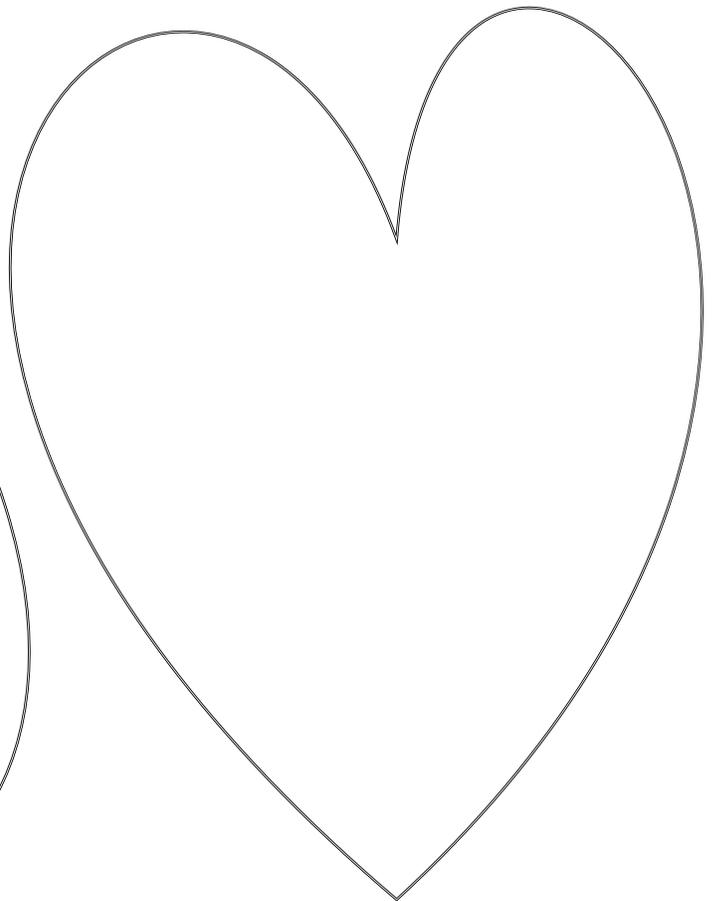
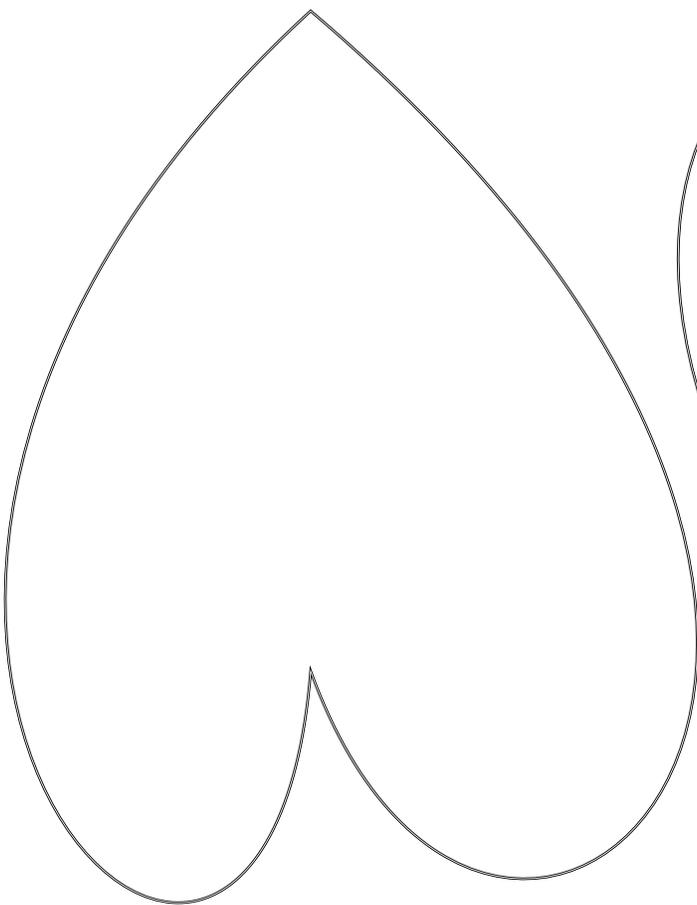
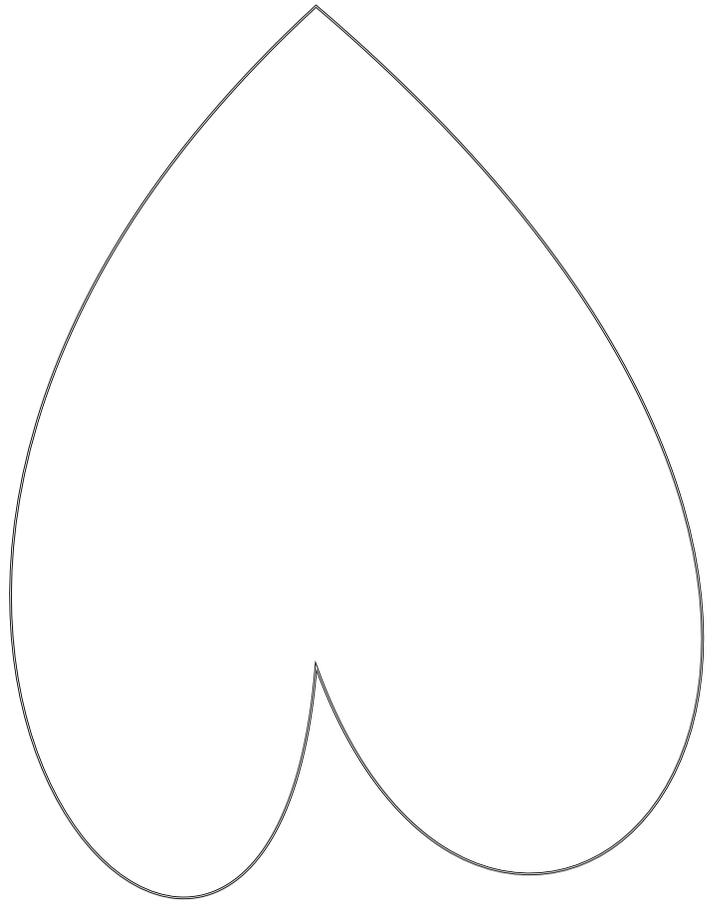
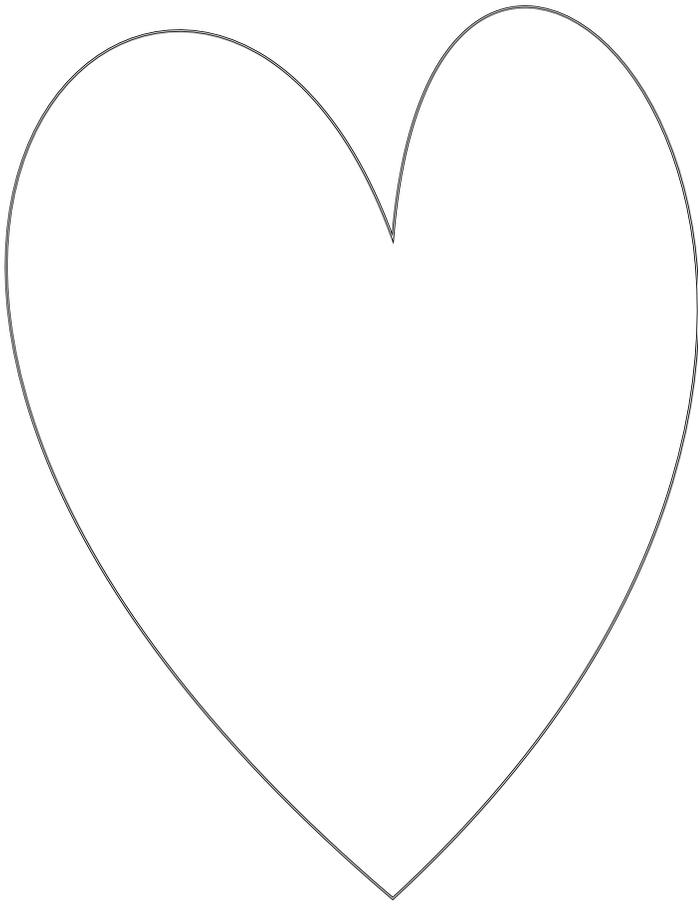
More Great Free Ideas at www.theredcrystal.org
[Old Testament Cartoon Videos from the Church Website](#)

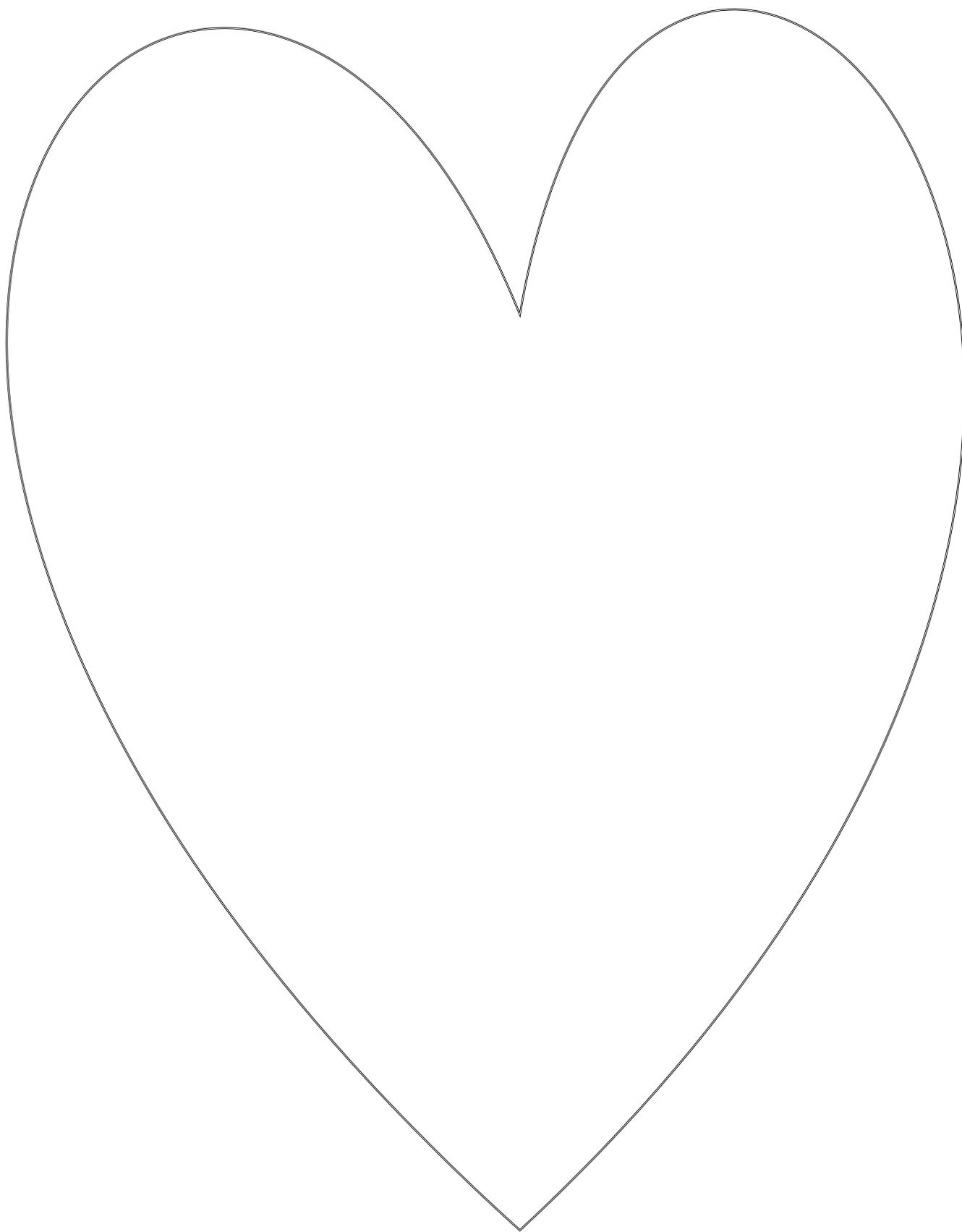
Jeremiah

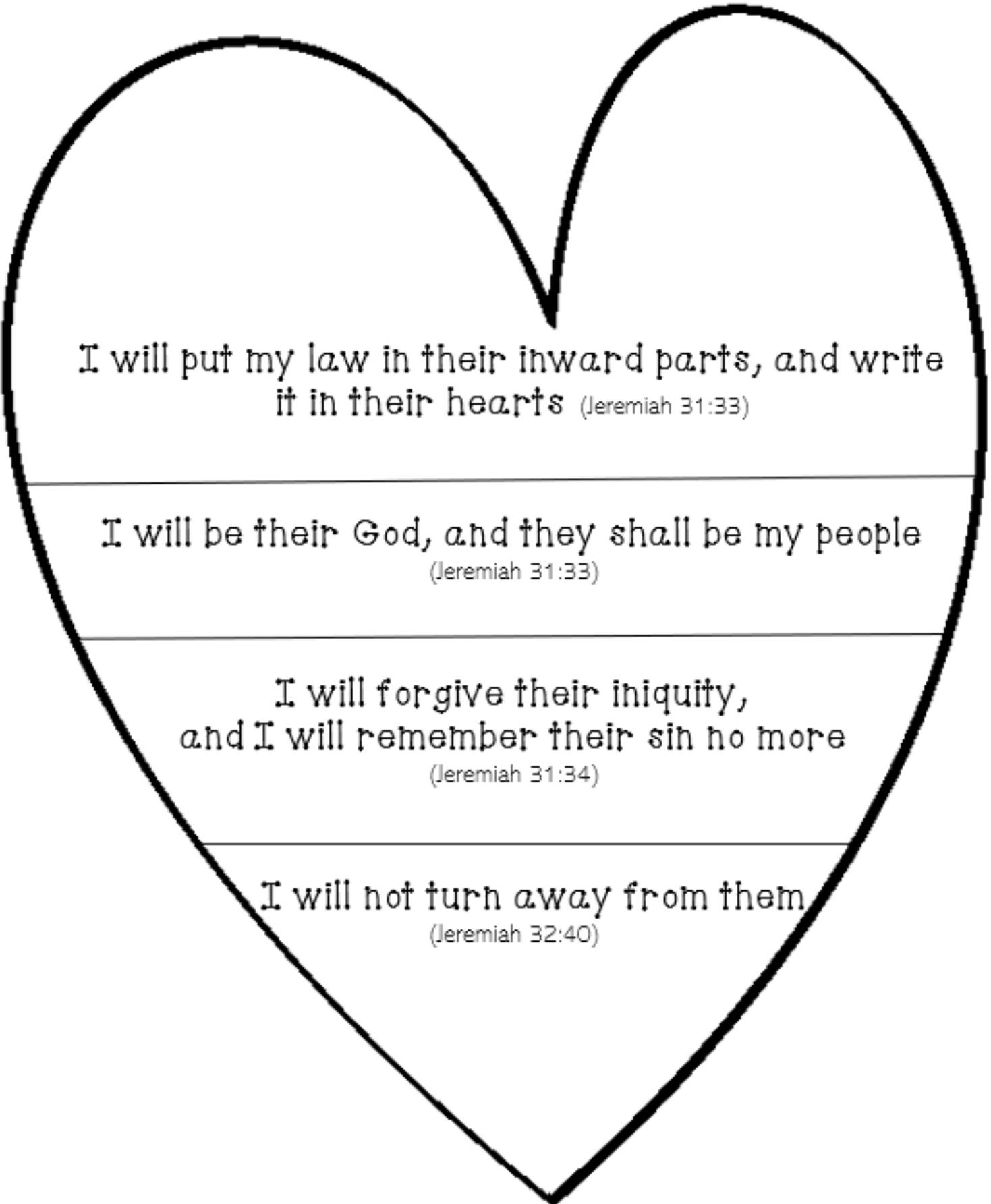
Jeremiah taught that covenants are important. We are blessed when we make and keep covenants.



Draw a picture of yourself getting baptized. What covenants do we make at baptism?







I will put my law in their inward parts, and write
it in their hearts (Jeremiah 31:33)

I will be their God, and they shall be my people
(Jeremiah 31:33)

I will forgive their iniquity,
and I will remember their sin no more
(Jeremiah 31:34)

I will not turn away from them
(Jeremiah 32:40)

The Baptismal Covenant

Those who are baptized enter into a covenant with God to take upon themselves the name of Jesus Christ, keep His commandments, and serve Him to the end (see Mosiah 18:8–10; Doctrine and Covenants 20:37). Church members renew this covenant each time they partake of the sacrament (see Doctrine and Covenants 20:77, 79).

Those who keep the covenants they made at baptism are blessed by the Lord for their faithfulness. Some of the blessings include the constant companionship of the Holy Ghost, the remission of sins, and the privilege of being spiritually reborn. If they continue faithfully, they are promised eternal life (see 2 Nephi 31:19–20).

(from [Gospel Topics](#))